



Southern Illinois Resource Guide



When Life Gives You Lemons




The Southern Illinois Resource Guide is a collaborative effort between several local organizations, including the Regional Office of Education #21, Community Prevention Resources, the Southern Illinois Continuum of Care, and the McKinney-Vento Homeless Program (Area 6) to help people find the local resources they need. For your convenience, we have also added The Southern Illinois Resource Guide to our website, with a search feature.

We're thrilled to see this resource rapidly expand with the active involvement of our partners! Together, we can ensure that this resource remains comprehensive and up-to-date for our community. If you know someone that can benefit from the resource guide or you know of services that should be included, please spread the word about how they can get the access they need.


To access The Southern Illinois Resource Guide or the resource submission form online, go to whoisopr.com or scan the applicable QR code below.

*submit or
update resources*



forms.gle/QFfi7Hb1E64Lv8r6

*check out the
online version*



whoisopr.com/resource-guide



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services for you

Addiction/ Mental Health Services

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|---------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| Al-Anon: Alateen | 888-425-2666 | Addiction, substance abuse | al-anon.org |
| Alcohol Treatment Referral Hotline | 800-252-6465 | Addiction, substance abuse | |
| Boys Town National Hotline | 800-448-3000 | Behavioral health | boystown.org |
| ComWell | 618-282-6233 | Addiction, substance abuse | comwell.us |
| Families Anonymous | 800-736-9805 | Addiction, substance abuse support for family members | familiesanonymous.org |
| Illinois Helpline for Opioids and Other Substances | 833-234-6343 text line "HELP" to 833234 | Public resource for finding substance use treatment and recovery services in Illinois | helplineil.org/app/home |
| Koen Counseling and Wellness Center | 618-967-0518 | Counseling | koencwc.com |
| Marijuana Anonymous | 800-766-6779 | Marijuana addiction recovery | marijuana-anonymous.org |
| Narcotics Anonymous | Salem Location 618-322-3178 Toll Free 818-773-9999 | Drug abuse and addiction center | na.org |
| National Alliance on Mental Illness | 800-950-NAMI (6264) or text HELPLINE to 62640 | Mental health, crisis counselors | nami.org |
| National Association for Children of Addiction | 888-554-2627 | Work to eliminate the adverse impact of alcohol and drug use on children and families. | nacoa.org |
| National Association of Anorexia Nervosa and Eating Disorders | 888-375-7767 | Emotional support and referrals for eating disorders | anad.org |
| Public Disposal for Controlled Substances | | Online search for public controlled substance disposal locations | apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main |



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| The Mulberry Center Harrisburg | 618-252-0999 | Behavioral health | harrisburgmc.com/services/behavioral-health-services/ |
| The Trevor Project | 866-488-7386 or Text "Start" to 678-678 | LGBTQ+ | thetrevorproject.org/get-help-now |

Assistance/ Healthcare Services

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| AIDSinfo | 800-HIV-0440 (448-0440) | Healthcare | |
| All Kids | 866-ALL-KIDS (255-5437) | Healthcare, insurance | |
| Arrow Leaf Vienna | 618-658-3079 | Resource links | myarrowleaf.org |
| CAISA (Sexual Abuse/Assault) | 618-879-2130 | Counseling | sacis.org/about-us/contact/ |
| Center for Autism Spectrum Disorders SIUC | 618-453-7130 | Counseling | casd.siu.edu |
| Centers for Disease Control | 800-CDC-INFO (232-4636) | Healthcare | cdc.gov |
| Centralia Community Youth Center | 618-532-6530 | After school program, food assistance | centralia youthcenter.com/ |
| CHESI Cairo | 618-734-4400 | Dental, healthcare | chesi.org |
| Comprehensive Community Based Youth Services (CCBYS) | 877-870-2663 | Youth services, community outreach | dhs.state.il.us/page.aspx?item=30768 |
| Cornerstone Church | 618-997-7884 | Assistance with transportation, comfort kits, patient navigator, utilities, food | cornerstonechurch.community |
| Empowering Survivors | 800-334-2094 | Counseling, education, medical and legal advocacy for domestic violence/ rape crisis | empoweringsurvivors.org/ |



services for you

Assistance/ Healthcare Services (Continued)

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|---------------------------------------------|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Good Samaritan Carbondale | 618-457-5794 | Shelter, transitional housing, soup kitchen, food pantry, emergency assistance | goodsamcarbondale.com/ |
| GriefShare | 800-395-5755 | Grief/loss support groups; Open weekdays 9am- 5pm | griefshare.org |
| Healthy Southern Illinois Delta Network | 618-457-5200 ext. 67837 | List of health resources, mental health awareness, cancer support, health & chronic disease, cardiovascular health | hsidn.org/ |
| Illinois Breast and Cervical Cancer Program | 888-522-1282 | Cervical and breast cancer screening and treatment | dph.illinois.gov/topics-services/life-stages-populations/womens-health-services/ibccp.html |
| Illinois WarmLine | 866-359-7953 | Emotional support, recovery education, self-advocacy support, referrals | ipha.com/content/uploads/Warm%20Line%20Flyer%205.25.16.pdf https://www.dhs.state.il.us/page.aspx?item=123539 |
| Intelligent.com | 800-203-5102 | Informational resources on addiction recovery during higher education | intelligent.com/substance-abuse-recovery-support-guide-for-college-students/ |
| Land of Lincoln Carbondale | 618-398-0574 | Free civil legal services to low income and senior residents | lincolnlegal.org/ |
| LGBT National Senior Hotline | 888-234-7243 | LGBTQ+ | lgbthotline.org/ |
| LGBT National Youth Talkline | 800-246-7743 | LGBTQ+ | lgbthotline.org/talkline.html |
| Lifestance Health | 630-428-7890 | Counseling, telehealth | lifestance.com/ |
| Love is Respect | 866-331-9474 or text LOVEIS to 22522 to live chat | Offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships | loveisrespect.org/ |

available to all



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|---------------------------------------------|----------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| National Eating Disorders Association | 800-931-2237 | Helpline for support; Resources, and treatment options for eating disorders | nationaleatingdisorders.org/ |
| National Parent Helpline | 855-4APARENT (1-855-427-2736) | Providing emotional support to help support families | nationalparenthelpline.org/ |
| PATH/ United Way 2-2-1 | 888-865-9903 | List of resources for various needs | navigateresources.net/path/ |
| Postpartum Support International | 1-800-944-4773 | Postpartum help for moms and dads | postpartum.net |
| Project Child | 800-362-7257 | Childcare | projectchild.net/ |
| Safe Families for Children So IL Carbondale | 618-319-5751 | Families seek to help parents in crisis get on their feet by providing short-term care for their children | safe-families.org/ |
| Shawnee Health | 618-519-9200 | Psychiatric treatment to children and adolescents ages 3-17 | shawneehealth.com |
| SI Families Connect | | Connecting families to a wide variety community services | sifamilies.org |
| Specialized Care for Children | 618-997-4396 | Children with special healthcare needs | dsc.uic.edu/ |
| The Family Help Line | 855-771-4357 | Family counseling | focusonthefamily.com |

Crisis/ Emergency Services

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|-----------------------|-----------------------------|-----------------------------------------------|--------------------------------------------------------------------|
| CARES Crisis Hotline | 800-345-9049 | Suicide | |
| CHESI Harrisburg | 618-253-8450 | Crisis services, mental health, substance use | chesi.org |
| Child Find of America | 800-A-WAY-OUT (292-9688) | Parents considering abducting their children | childfindofamerica.org |





services for you

Crisis/ Emergency Services (Continued)

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|----------------------------------------------------|------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Childhelp National Child Abuse Hotline | 800-4-A-CHILD (422-4453) | Abuse | childhelp.org/ |
| Crisis Text Line | Text "HOME" to 741-741 | Crisis services | crisistextline.org/ |
| Illinois Child Abuse Hotline (DCFS) | 800-25-ABUSE (22873) | Child abuse help | www2.illinois.gov/dcfs/safekids/reporting/Pages/index.aspx |
| Illinois Poison Center | 800-222-1222 | Poison control | poison.org/contact-us |
| National Center for Missing and Exploited Children | 800-THE-LOST (843-5678) | Help find missing children, reduce child sexual exploitation and prevent child victimization | missingkids.org/home |
| National Domestic Violence Hotline | 800-799-7233 | National Domestic Violence Hotline | ncadv.org/get-help |
| National Runaway Safeline | 800-RUNAWAY (786-2929) | Crisis services | 1800runaway.org |
| National Sexual Assault Hotline: RAINN | 800-656-HOPE (4673) | Sexual assault help | rainn.org |
| National Suicide Prevention Lifeline | 988 | Suicide and crisis lifeline | |
| Red Cross | 800-RED-CROSS (733-27677) | Disaster relief, lifesaving blood, military families, international services | redcross.org |
| Senior Helpline | 800-252-8966 | Abuse | |
| Stop it Now! | 888-PREVENT (773-8368) | Abuse | nsvrc.org |
| Suicide Hotline | 800-273-TALK (8255) | Suicide | suicidepreventionlifeline.org |
| Suicide Prevention Services Depression Hotline | Call or Text 988 | Suicide hotline | 988lifeline.org |

local assistance



Thursday's Child National Youth Advocacy Hotline 800-USA-KIDS (1-800-872-5437) Abuse hotline, 24/7 crisis support for youth and their parents thursdayschild.org

Tragedy Assistance Program for Survivors (TAPS) 800-959-TAPS(8277) Crisis services, Services to all those who have lost a loved one taps.org

Alexander County

Alexander County Clinic Cairo 618-734-4167 Dental, healthcare southern7.org/clinics-southern-7-health-department/public-health-clinic-locations/alexander-county-southern-7-health-department-clinic/

Alexander County Housing Authority Cairo 618-734-1910 Housing acha734.org

Arrow Leaf Vienna 618-658-2611 Counseling services, rental assistance through Salvation Army myarrowleaf.org

Cairo Women's Center Cairo 618-734-4357 Domestic violence, sexual assault, abuse cairowomensshelter.org/

Child Care Resource & Referral Cartersville 618-985-5975 Family ccrrjalc.edu <https://www.ccrrjalc.com/>

Department of Children and Family Services (DCFS) Cairo 618-734-0858 Food pantry

Fowler-Bonan Foundation Harrisburg Contact on Website Clothing for low income students fowlerbonanfoundation.com

MAP Training Center Karnak 618-634-9401 Developmental training for disabled chamnesscare.com/

Shawnee Development Council 618-734-0535 Utility assistance, weatherization shawneedevelopment.org/

Shawnee Enterprises 618-997-5365 Housing by application

Shawnee Mass Transit District 618-658-8380 Regional transportation system shawneemtd.com



services for you

Alexander County (Continued)

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| SICIL Cairo | 618-457-3318 | Housing, shelter | incil.org/sicil/ |
| Southern Seven Health Department Cairo | 618-734-4167 | Preventive health care, health education, Head Start | southern7.org/pope.html |
| Two Rivers Child Advocacy Center Anna | 618-833-7470 | Domestic violence, sexual assault, abuse | tworiverscac.org/ |
| University of Illinois Extension Office Mounds | 618-745-5200 | Community outreach | extension.illinois.edu/ajmpu |

Bond County

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|-----------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| BCMw Community Services Centralia | 618-664-3309 | Transitional housing, energy assistance, rental assistance, mental health, crisis services, mental health scholarships and weatherization | bcmwcommunityservices.org |
| Bond County Transit Greenville | 618-664-9844 | Transportation | bondcountyttransit.org |
| Health Department Greenville | 618-664-1442 | Dental clinic, environmental health, family planning, home health, WIC, immunizations, counseling center | bchd.us/departments/ |
| One Hope United Effingham | 217-347-5880 | Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement Stabilization (IPS), Intact Family Services Program | onehopeunited.org |

Champaign County

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| GROW In Illinois Champaign | 217-352-6989 | Crisis services, mental health, substance use; Group videoconference available | growinamerica.org/home |
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local assistance



One Hope United Champaign 217-850-0500 Foster care services; Intact Family Services Program onehopeunited.org

Clay County

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|-------------------------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| Department of Children and Family Services (DCFS) Mt Vernon | 618-244-8400 | Family | dcfs.illinois.gov/ |
| Department of Human Services (DHS) Olney | 618-392-3151 | Family, food assistance | dhs.state.il.us/page.aspx?item=27893 |
| Guadalupe Project Flora | 618-403-5998 | Clothing, assistance; Open the second Monday of every month from 9 a.m. - 12 noon. | ststephenflora.com/guadalupe-project |
| Health Department Flora | 618-662-4406 | Community health, health education, nursing department, home health, WIC, immunizations, | healthdept.org/ |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral | ofacil.org |

Clinton County

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| BCMw Community Services Breese | 618-526-7123 | Transitional housing, energy assistance, rental assistance, crisis | bcmwcommunityservices.org |
| BCMw Head Start Breese | 618-526-2419 | Employment, education | bcmwhs.org |
| City Hope Church | 618-248-0167 | Clothing, food assistance | cityhope.church/ |
| Community Resource Center 24/7 Crisis Hotline | 618-594-4581 | Community mental health agency; Accepts Medicaid, sliding fee scale; Counseling, group therapy, case management | crconline.info |
| Court Appointed Special Advocates (CASA) South Central Illinois | 618-594-6078 | Counseling, group therapy, community outreach, professional development | casaofscil.org/ |



services for you

Clinton County (Continued)

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| Health Department Carlyle | 618-594-2723 | Public Health, immunizations, WIC services, environmental health and food protection | clintoncountyhealth.com/ |
| One Hope United Centralia | 618-323-0120 | Intact Family Services Program | onehopeunited.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
| Public Transportation Perry County | 618-532-8076 | Regional transportation system | southcentraltransit.org/ |
| Salvation Army Centralia Service Center Centralia | 618-532-5942 | Disaster services, emergency financial assistance, food & nutrition | |
| South Central Transit | 800-660-7433 | Shuttle services | southcentraltransit.org/ |
| SSM Health St.. Mary's Hospital Centralia | 618-436-8000 | Dental, healthcare, behavioral health conditions | ssmhealth.com/locations/st-marys-hospital-centralia |

Coles County

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|---------------------------------|--------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| One Hope United Charleston | 217-294-6727 | Counseling, DCFS Counseling Services, Intensive Placement Stabilization (IPS), Intact Family Services Program | onehopeunited.org |
| Salvation Army IL Corps Mattoon | 217-234-3915 | Food & nutrition programs, emergency shelter, community recreation programs | |

Crawford County

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| Catholic Charities Marshall | 217-826-3844 | Financial, utility, medicine assistance | |
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local assistance



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| Clarity Women's Care Marion | 618-997-2790 | Medical behavior health, women's healthcare, dental (no longer a free clinic) | claritywomenscare.org |
| Department of Human Services (DHS) Robinson | 618-544-3151 | Family, food assistance | dhs.state.il.us/page.aspx?item=27893 |
| ERBA Robinson | 618-544-8780 | Housing, utilities, financial, scholarship, rent/mortgage assistance, medicine assistance | erbainc.org |
| Franklin-Williamson Child Advocacy Center | 618-262-1609 618-942-3800 | Abuse, counseling, court support | franklinwilliamsoncac.org/ |
| Health Department Robinson | 618-544-8798 | WIC, nursing, environmental health, health education, behavioral health services | cchd.net/ |
| Home Hub LLC | 618-544-2254 | Housing assistance | |
| Lydia's Closet Oblong | 618-553-1021 | Second hand clothing | facebook.com/lydiasclosetoblong/ |
| MACO Management Robinson | 618-544-8645 | Housing | macocompanies.com |
| Oblong Christian Children's Home Oblong | 618-592-3633 | Children's shelter | oblongchristianhome.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Office location- Increase opportunities for all aspects of community life, Public Aid, IEPs, skill training, information and referral | ofacil.org |
| Rides Mass Transit Robinson | 618-544-8800 | Regional transportation system | ridesmtd.com |
| Robinson Township Robinson | 618-546-5414 | Financial, utility, emergency assistance | toi.org/township/crawford-county-robinson-township/crawford-county-robinson-township-township-services/ |
| Section 8 Housing Petersburg | 217-632-7723 | Housing | |



services for you

Crawford County (Continued)

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| SWAN Olney | 618-392-3556 | Housing, shelter, financial, domestic abuse | swandvhl.org/ |
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Edwards County

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| Health Department Albion | 618-445-2615 | Immunizations and WIC services | facebook.com/EdwardsCountyHealthOffice/ |
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| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral | ofacil.org |
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| Southern Illinois Housing Authority Albion | 618-445-2715 | Housing by application | |
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| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |
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| WADI Albion | 618-445-2379 | Energy, rent, food, shelter, budgeting assistance | wadi-inc.com |
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Effingham County

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| Department of Children and Family Services (DCFS) Effingham | 217-347-5561 | Family | dcfs.illinois.gov/ |
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| One Hope United Effingham | 217-347-5880 | Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement Stabilization (IPS), Intact Family Services Program | onehopeunited.org |
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local assistance



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| Opportunities for Access-Center for Independent Living | 618-244-9212 | Office location; Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
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| Southern Illinois Housing Authority Effingham | 217-342-3520 | Housing by application | |
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Fayette County

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| Community Resource Center 24/7 Crisis Hotline | 618-283-4229 | Community mental health agency, accepts Medicaid, sliding fee scale; Counseling, group therapy, case management | crconline.info |
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|--------------------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------|
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
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|---------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| One Hope United Effingham | 217-347-5880 | Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement Stabilization (IPS), Intact Family Services Program | onehopeunited.org |
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Franklin County

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| Benton Public Library Benton | 618-438-7511 | Community outreach | bentonlibrary.com benton.bpl@gmail.com |
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| Benton West City Food Pantry Benton | 618-927-6270 | Food pantry | |
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| Centerstone West Frankfort | 618-937-6483 | Counseling | centerstone.org/locations/illinois/facilities/centerstone-west-frankfort-west-main-street |
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| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrrjalc.edu https://www.ccrrjalc.com/ |
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services for you

Franklin County (Continued)

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| Comprehensive Connections Mt Vernon | 618-242-1510 | Connects people with resources needed for behavioral health | compconnect.org/ |
| Court Appointed Special Advocates (CASA) Benton | 618-438-0608 | Child advocate | casafranklincounty.org/ |
| Crosswalk West Frankfort | 618-937-3581 | Emergency, energy, food assistance | crosswalkcaa.com |
| Department of Human Services (DHS) Benton | 618-439-4351 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Family Healthcare Clinic Benton | 618-439-3161 | Healthcare, school physicals | franklinhospital.net |
| First Baptist Church West Frankfort | 618-932-2105 | Food assistance, free clothing room | fbcwestfrankfort.org |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Franklin Co. Housing Authority West Frankfort | 618-932-2124 | Housing by application | |
| Franklin-Williamson Bi-County Health Benton | 618-439-0951 | Immunizations, on site testing, care and treatment services | bicountyhealth.org |
| Grace Baptist Church West Frankfort | 618-218-1081 | Food pantry 9-11. Jan-Oct last Saturday of the month, Nov and Dec last Sat before holidays | gracebaptistfellowship.churchcenter.com/pages/discover-grace |
| LifeSource Church Food Pantry West Frankfort | 618-944-1019 | Food pantry every Wednesday 9AM - 11 AM; Soup kitchen every Thursday and Friday 4pm-6pm | facebook.com/groups/405685896466061/ |
| Public Transportation West Frankfort | 618-532-8076 | Regional transportation system | southcentraltransit.org/ |

local assistance



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| REA Clinic Benton | 618 435-9888 | Family practice, certified pediatrics, and behavioral health | crhpc.org/benton |
| REA Clinic- Christopher | 618-724-2436 | Family practice, internal medicine, pediatrics, diabetic & nutrition services, dental, pharmacy, lab, radiology | crhpc.org/christopher- |
| Sesser Police Dept. | 618-625-2341 | Drug takeback location | sesser.org/police-department/ |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |
| Shawnee Health | 618-519-9200 | Medical, dental, social, behavioral care | shawneehealth.com |
| South Central Transit | 800-660-7433 | Shuttle services | southcentraltransit.org |
| Southern Illinois Case Coordination Services (SICCS) Centralia | 618-532-4300 | Developmental disability services | |
| SPERO Counseling and Wellness Center Mt Vernon | 618-242-6944 | Community, clinical, and child welfare services, crisis, mental health | sperofs.org |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Take Action Today Inc | 618-212-3171 | Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center | takeactiontoday.net |
| The Night's Shield Children's Center West Frankfort | 618-932-6400 | Homeless shelter for unaccompanied homeless youth | thenightsshield.org |



services for you

Franklin County (Continued)

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| West City Police Dept. Benton | 618-435-6112 | Drug takeback location | |
| West Frankfort Police Dept. | 618-937-3502 | Drug takeback location | |
| West Frankfort Public Library | 618-932-3313 | Community outreach | westfrankfortpubliclibrary.org |
| Whittington Baptist Church Whittington | 618-629-2423 | Provides clothing assistance | whittington.org |

Gallatin County

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|--------------------------------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.edu https://www.ccrjalc.com/ |
| Department of Children and Family Services (DCFS) Harrisburg | 618-253-7604 | Family | dcfs.illinois.gov/ |
| Egyptian Mental Health Eldorado | 618-273-3326 | Crisis services, mental health, substance use | egyptian.org |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Gallatin County School Wellness Junction | 618-272-7132 | Primary care clinic, outpatient psychiatry for adults and children | gallatin-county-school-wellness-center.hub.biz |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |
| WADI Harrisburg | 618-252-2680 | Energy, rent, food, shelter, budgeting assistance | wadi-inc.com |



Hamilton County

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|-------------------------------------------------------------|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| Child Care Resource & Referral Cartersville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |
| Court Appointed Special Advocates (CASA) Benton | 618-438-0608 | Child advocate | casafranklincounty.org/ |
| Department of Children and Family Services (DCFS) Mt Vernon | 618-244-8400 | Family | dcfs.illinois.gov/ |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Health Department McLeansboro | 618-643-3522 | Dental, healthcare, family and children services, emergency preparedness, environmental health, immunizations, drug overdose prevention | hchdil.com/ |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral | ofacil.org |
| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |
| WADI McLeansboro | 618-643-2161 | Energy, rent, food, shelter, budgeting assistance | wadi-inc.com |

Hardin County

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|---------------------------------------------|--------------|---------------------------------------------------------------|----------------------------------------------------------------------------|
| Arrow Leaf Vienna | 618-658-2611 | Counseling services, rental assistance through Salvation Army | myarrowleaf.org |
| Child Care Resource & Referral Cartersville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |



services for you

Hardin County (Continued)

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|--------------------------------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Department of Children and Family Services (DCFS) Harrisburg | 618-253-7604 | Family | dcfs.illinois.gov/ |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Salvation Army Marion | 618 993-5854 | Disaster relief, financial assistance, rent, utilities | |
| Shawnee Development Council | 618-734-0535 | Utility assistance, weatherization, rent assistance | shawneedevelopment.org/ |
| Southern Illinois Housing Authority Elizabethtown | 618-287-2786 | Housing by application | |
| Southern Seven Health Department Elizabethtown | 618-285-6215 | Provides clothing assistance | southern7.org |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Two Rivers Child Advocacy Center Anna | 618-833-7470 | Domestic violence, sexual assault, abuse | tworiverscac.org/ |
| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |

Jackson County

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| Carbondale Police Dept. | 618-457-3200 EXT 447 | Susie Toliver Elizabeth Sears, crime victim advocate | explorecarbondale.com |
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrrjalc.eduhttps://www.ccrjalc.com/ |
| Clarity Women's Care Carbondale | 618-549-2794 | Pregnancy test, ultrasound, material support, workshops | claritywomenscare.org/ |

local assistance



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| Department of Human Services (DHS) Murphysboro | 618-687-1705 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Elkville Christian Church Elkville | 618-568-1544 | Food assistance; 3rd Saturday of the Month from 9:00 a.m. to 10:00 a.m. | elkvillechristian.com |
| Elm Street Baptist Church Murphysboro | 618-687-1043 | Community outreach, food assistance | elmstreetchurch.org |
| First Baptist Church De Soto | 618-867-2477 | Food assistance | facebook.com/desotofirstbaptist/ |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Gateway's Alcohol and Drug Treatment Center Carbondale | 877-352-9566 | Alcohol and drug rehab treatment center | gatewayfoundation.org/location/carbondale |
| Got You Covered | 618-922-6355 | Provides diapers, wipes, baby hygiene products | facebook.com/Got-You-Covered-427934964412518 |
| Health Department Murphysboro | 618-684-3143 | Health Education, HIV & sexual health, WIC, nursing, dental | jchdonline.org |
| Jackson County Food Pantry Murphysboro | 618-684-8258 | Food assistance; Open Monday-Friday 9 A.M - 11 A.M | murphysboro.com/residents/information-for-residents/food-pantry/ |
| Jackson County Mass Transit District | 618-549-0304 | Regional transportation system | jcmttd.com/ |
| Lincoln Prairie Behavioral Health Center | 217-585-1180 | Individual and family counseling, solutions to parent/child conflict, referrals for additional resources, advocacy in school, employment and educational services, life-skill training, assistance with basic needs | lincolnpairiebhc.com/ |



services for you

Jackson County (Continued)

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| Memorial Hospital Carbondale | 618-549-0721 | Dental, healthcare | sih.net/locations/sih-memorial-hospital-of-carbondale |
| Murphysboro Township Earnfare Program Murphysboro | 618-684-6711 | Program designed to provide adults who receive SNAP benefits an opportunity to gain work experience, earn cash assistance and become self-sufficient, EarnFare Work Program | dhs.state.il.us/page.aspx?item=31772 |
| Operation Rebound Carbondale | 618-549-8232 | GED and high school diploma registration | cchs165.jacksn.k12.il.us/academics/rebound |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral | ofacil.org |
| Perry-Jackson Child Advocacy Center Pinckneyville | 618-357-2990 | Advocacy for children age birth to 18 years of age | perryjacksoncac.com/ |
| Public Transportation SIU | 618-532-8076 | Transportation for SIU students to connecting counties | southcentraltransit.org/ |
| ReNew Cornerstone Church Marion | 618-997-7885 | Second hand thrift store | renewsecondhandstore.org |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Shawnee Behavioral health Carbondale | 618-519-9200 | Behavioral health | |
| SICIL Carbondale | 618-457-3318 | Dental, healthcare | incil.org/sicil |
| SIH Behavioral health Carbondale | 618-549-5361 | Hospital medical services, behavioral services | |
| SIU Care-a-Van | 618-536-6621 | Medical & mental health clinic | carelistings.com/rural-health-centers/carbondale-il/siu-care-a-van/5ace881f93efd2372f97d240 |

local assistance



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| SIUC Head Start Carbondale | 618-453-2440 | Education | headstart.siu.edu/location |
| SIUC Head Start Murphysboro | 618-687-4433 | Education | headstart.siu.edu/location |
| St. Anne Cradle of Hope | 618-722-5022 | Provides diapers, wipes, formula, bathing necessities, clothing, and other items for mother and child. Open Mondays and Wednesdays 10:00 to 2:00 | stannecradleofhope.org |
| St. Joseph's Hospital Murphysboro | 618-684-3156 | Dental, healthcare | sih.net/locations/sih-st-joseph-memorial-hospital |
| START Murphysboro | 618-687-2378 | Specialized Training for adult rehabilitation, Inc | |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Survivor Empowerment Center | 618-549-4807 | Counseling, education, medical and legal advocacy for domestic violence/ rape crisis | empoweringsurvivors.org |
| University Baptist Church Carbondale | 618-457-0323 | Monday & Friday 9-11:30 clothes closet and food pantry | ubccarbondale.org |
| University of Illinois Extension Office Murphysboro | 618-687-1727 | Community outreach | extension.illinois.edu/fjprw |
| VA Clinic Carbondale | 618-351-1031 | VA clinic and health care | |
| Warming Center Carbondale | 314-312-2539 | Shelter | |
| Wildcat Route | 618-993-1900 | Mass Transit Public Service | citofmarionil.gov/wp-content/uploads/2023/02/wildcat-route-schedules-with-info.pdf |



services for you

Jasper County

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| Jasper Co. Health Dept. Behav. Health Newton | 618-783-4154 | Behavioral health, therapy, counseling | jasperhealth.org/behavioralhealth/ |
| One Hope United Effingham | 217-347-5880 | Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement Stabilization (IPS), Intact Family Services Program | onehopeunited.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral | ofacil.org |

Jefferson County

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|-------------------------------------------------------------|--------------|--------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| Comprehensive Connections Mt Vernon | 618-242-1510 | Connects people with resources needed for behavioral health | comconnect.org/ |
| Court Appointed Special Advocates (CASA) Mt Vernon | 618-204-5453 | Child advocate | illinoiscasa.org |
| Department of Children and Family Services (DCFS) Mt Vernon | 618-244-8400 | Family | dcfs.illinois.gov/ |
| Department of Human Services (DHS) Mt Vernon | 618-242-1040 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Goodwill Mt Vernon | 618-242-9582 | Thrift store, second hand clothes and housewares | |
| LifeBoat Alliance Mt Vernon | 618-244-4088 | Homeless shelter | lifeboatalliance.org |
| Lutheran Child and Family Services Mt Vernon | 618-242-3284 | Counseling, extended family support, foster care, intact family services | lcfs.org |

local assistance



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| One Hope United Centralia | 618-323-0120 | Intact Family Services Program | onehopeunited.org |
| One Hope United Mt Vernon | 618-242-8266 | Multi-Systemic Therapy (MST), Foster Grandparent Program, Screening Assessment and Support Services(SASS), Intensive Placement Stabilization (IPS) | onehopeunited.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Main Office location- Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
| Park Avenue Baptist Mt Vernon | 618-242-5068 | Food Pantry open Monday, Wednesday, and Friday 1pm-3pm | parkavenuebaptistchurch.com/food-pantry/ |
| Pleasant Hill Baptist Mt Vernon | 618-266-7247 | Monthly Requests for diapers and other basic needs | phbcmv.org |
| South Central Transit | 800-660-7433 | Shuttle services | southcentraltransit.org |
| Southern Illinois Housing Authority Mt Vernon | 618-244-6275 | Housing by application | |
| SPERO Counseling and Wellness Center Mt Vernon | 618-242-6944 | Community, clinical, child welfare services | sperofs.org |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Take Action Today Inc | 618-212-3171 | Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center | takeactiontoday.net |
| USDA Rural Development Mt. Vernon | 618-244-0773 | Housing | |
| West Side Baptist Mt Vernon | 618-244-7113 | Food assistance | |



services for you

Johnson County

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| Arrow Leaf Vienna | 618-658-2611 | Counseling services/rental assistance through Salvation Army | myarrowleaf.org |
| Carmi Compassion Center | 618-383-5874 | Medical, dental, social, behavioral care | facebook.com/Carmicompassioncenter |
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |
| Faith Alive Ministerial Alliance Vienna | 618-658-7110 | Scholarships, community assistance, affordable clothing store | viennafumc.com/faith-alive-ministry |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Rural Health Inc. | 618-833-4471 | Behavioral health, dental, healthcare; Locations include Anna, Dongola, Goreville, Metropolis, Vienna | ruralhealthinc.org |
| Salvation Army Marion | 618 993-5854 | Disaster relief, financial assistance, rent, utilities | |
| Shawnee Mass Transit District | 618-658-8380 | Regional transportation system | shawneemtd.com |
| Southern Seven Health Department Vienna | 618-658-5011 | Preventive health care, health education, Head Start | southern7.org/pope.html |
| Two Rivers Child Advocacy Center Anna | 618-833-7470 | Domestic violence, sexual assault, abuse | tworiverscac.org/ |

Lawrence County

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| Lawrence Co. Health Dept Lawrenceville | 618-943-3302 | Rural health, behavioral health, public health, home health, environmental health | lchealth.com/ |
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local assistance



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| Lawrence Co. Housing Authority Lawrenceville | 618-943-4762 | Housing | affordablehousingonline.com |
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| Opportunities for Access-Center for Independent Living | 618-244-9212 | Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral | ofacil.org |
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Madison County

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| One Hope United Collinsville | 618-345-9644 | Intact family services program, Intensive Placement Stabilization (IPS), nurturing parenting program | onehopeunited.org |
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| Salvation Army IL Corps Granite City | 618-451-7957 | Food & nutrition programs, casework services, music & arts programs, clothing | |
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Marion County

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| Angela Center-SSM Behavioral Health Centralia | 618-436-5665 | After-hours tutoring assistance, child extracurricular activities, food assistance, healthcare, counseling, therapy | ssmhealth.com/locations/location-details/behavioral-health-illinois |
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| BCMW Community Services Centralia | 618-532-7388 | Transitional housing, energy assistance, rental assistance, mental health, crisis services, mental health scholarships and weatherization | bcmwcommunityservices.org |
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| BCMW Head Start Salem | 618-548-1020 | Employment, education | bcmwhs.org |
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| Community Resource Center 24/7 Crisis Hotline | 618-548-2181 | Community mental health agency, accepts Medicaid, sliding fee scale; Counseling, group therapy, case management | crconline.info |
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| Coping 4 Life | 618-594-2723 | Counseling | coping4life.com/ |
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services for you

Marion County (Continued)

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| Department of Children and Family Services (DCFS) Mt Vernon | 618-244-8400 | Family | dcfs.illinois.gov/ |
| Department of Human Services (DHS) Centralia | 618-532-1966 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Marion County Housing Authority | 618-532-1894 | Government subsidized housing | mchahomes.org |
| One Hope United Centralia | 618-323-0120 | Intact Family Services Program | onehopeunited.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
| Pleasant Hill Baptist Mt Vernon | 618-266-7247 | Monthly requests for diapers and other basic needs | phbcmv.org |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |
| South Central Transit | 800-660-7433 | Shuttle services | southcentraltransit.org |
| Southern Illinois Housing Authority Centralia | 618-532-1894 | Housing by application | |
| The Rachael Academy of Education | 618-997-6311 | Human services | |

Massac County

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| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |
| Department of Human Services (DHS) Metropolis | 618-524-2631 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |

local assistance



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| Massac County Mental Health and Family Counseling Center <i>Metropolis</i> | 618-524-9368 TDD 618-524-1578 Toll Free 800-851-1251 After Hours Crisis Line 618-524-9368 | Provides low cost, high quality care to people of all ages | mcmhc.com/ |
| Rural Health Inc. | 618-833-4471 | Dental, healthcare | ruralhealthinc.org |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Shawnee Development Council | 618-734-0535 | Utility assistance, weatherization | shawneedevelopment.org/ |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |
| Shawnee Health | 618-519-9200 | Medical, dental, social, behavioral care | shawneehealth.com |
| Shawnee Mass Transit District | 618-658-8380 | Regional transportation system | shawneemtd.com |
| SI Housing Authority <i>Massac</i> | 618-524-8411 | Housing by application | massacountyhousing.com |
| SICIL <i>Metropolis</i> | 618-457-3318 | Housing shelter | incil.org/sicil/ |
| Southern Seven Health Department <i>Metropolis</i> | 618-524-2657 | Preventive health care, health education, Head Start | southern7.org/massac.html |
| Two Rivers Child Advocacy Center <i>Anna</i> | 618-833-7470 | Domestic violence, sexual assault, abuse | tworiverscac.org/ |

Monroe County

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| One Hope United <i>Collinsville</i> | 618-345-9644 | Intact family services program, Intensive Placement Stabilization (IPS), nurturing parenting program | onehopeunited.org |
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Perry County

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| Child Care Resource & Referral <i>Cartersville</i> | 618-985-5975 | Family | ccrrjalc.edu https://www.ccrrjalc.com/ |
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services for you

Perry County (Continued)

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| DuQuoin Community Health Center DuQuoin | 618-542-8702 | Medical, dental, mental health, nutritional | crhpc.org |
| Egyptian Mental Health Eldorado | 618-273-3326 | Crisis services, mental health, substance use | egyptian.org |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Marshall Browning Hospital DuQuoin | 618-542-2146 | Dental, healthcare | marshallbrowninghospital.com |
| Perry County Counseling Center DuQuoin | 618-542-4357 | Mental health outpatient, DUI, prevention, residential program, and crisis services; JMRT; Parenting; anger management; domestic | perrycountycounseling.com/ |
| Perry County Health Department Pinckneyville | 618-357-5371 | Family health, environmental health, home health, immunizations, preventative care | perryhealth.net/ |
| Perry County Housing Authority | 618-542-5409 | Low income housing | perrycountyhousing.org/ |
| Perry-Jackson Child Advocacy Center Pinckneyville | 618-357-2990 | Advocacy for children age birth to 18 years of age | perryjacksoncac.com/ |
| Second Baptist Church DuQuoin | 618-542-2906 | Food assistance | |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |
| South Central Transit | 800-660-7433 | Shuttle services | southcentraltransit.org/ |
| Take Action Today Inc | 618-212-3171 | Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center | takeactiontoday.net |
| University of Illinois Extension Office Pinckneyville | 618-357-2126 | Community outreach | extension.illinois.edu/fjprw |

local assistance



Western Egyptian Economic Opportunity Council, Inc. DuQuoin 618-542-4656 Energy assistance, weatherization, Head Start, crisis based services, food pantry weeoc.org/counties/perry-county/

Pope County

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| Arrow Leaf Vienna | 618-658-2611 | Counseling services, rental assistance through Salvation Army | myarrowleaf.org |
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Salvation Army Marion | 618 993-5854 | Disaster relief, financial assistance, rent, utilities | |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Shawnee Development Council | 618-734-0535 | Utility assistance, weatherization | shawneedevelopment.org/ |
| Southern Seven Health Department Golconda | 618-683-8022 | Preventive health care, health education, Head Start | southern7.org/pope.html |
| Two Rivers Child Advocacy Center Anna | 618-833-7470 | Domestic violence, sexual assault, abuse | tworiverscac.org/ |
| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |

Pulaski County

Arrow Leaf - Client Choice Food Pantry Cairo 618-658-3079 Food pantry



services for you

Pulaski County (Continued)

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| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |
| Department of Children and Family Services (DCFS) Cairo | 618-734-0858 | Family, DCFS | |
| Department of Human Services (DHS) Mounds | 618-745-9411 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Pulaski County Clinic Pulaski | 618-634-9405 | WIC food program, family case management, immunizations/screenings, pregnancy testing, STD & HIV testing | southern7.org/clinics-southern-7-health-department/public-health-clinic-locations/pulaski-county-southern-7-health-department-clinic/ |
| Pulaski County Housing Authority Mounds | 618-745-6330 | Section 8 Housing, public housing | affordablehousingonline.com/housing-authority/Illinois/Housing-Authority-of-Pulaski-County/IL045 |
| Shawnee Development Council | 618-734-0535 | Utility assistance, weatherization | shawneedevelopment.org/ |
| Shawnee Mass Transit District | 618-658-8380 | Regional transportation system | shawneemtd.com |
| Southern Seven Health Department Ullin | 618-634-9405 | Preventive health care, health education, Head Start | southern7.org |
| Two Rivers Child Advocacy Center Anna | 618-833-7470 | Domestic violence, sexual assault, abuse | tworiverscac.org/ |
| University of Illinois Extension Office Mounds | 618-745-5200 | Community outreach | extension.illinois.edu/ajmpu |



Randolph County

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| Employment Office Chester | 618-826-4709 | Employment, education | careercenteroffices.com/center/2758/southwestern-illinois-worknet-center-randolph-county/ |
| Health Department Chester | 618-826-5007 | Immunizations and WIC Services | am.randolphco.org/index.php/welcome |
| Memorial Hospital Chester | 618-826-4581 | Dental, healthcare | mhchester.com |
| One Hope United Collinsville | 618-345-9644 | Intact family services program, Intensive Placement Stabilization (IPS), nurturing parenting program | onehopeunited.org |
| Randolph County Care Center Sparta | 618-443-4351 | Short-term rehabilitation and long-term care | randolphcountycarecenter.com |
| Southern Illinois Housing Authority Chester | 618-826-4314 | Housing by application | |
| Sparta Hospital Sparta | 618-443-2177 | Full Service Acute Care Facility | spartahospital.com |

Richland County

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| Carle Primary Care Office Olney | 618-392-9400 | Counseling | carle.org/ |
| CEFS WIOA Program Olney | 618-392-7777 | Employment | cefseoc.org/wioa |
| Colwell Counseling Services Olney | 618-392-8255 | Counseling ages 5+ | |
| CSS Supportive Employment Teutopolis | 217-705-4300 | Employment | csscares.org/ |
| ERBA Olney | 618-395-2714 | Housing, utilities, financial, scholarship, rent/mortgage assistance | erbainc.org |



services for you

Richland County (Continued)

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| Giving Hope Food Pantry Olney | 618-843-0885 | Food Pantry with pickup and drive through weekly. Richland County ONLY on M and TH, all counties other days. | |
| Good Samaritan Olney | 618-395-8152 | Food Service opened on Wednesday and Friday from 9am-10:45am | |
| Master's Hands Olney | 618-392-0414 | Food, clothing | the-masters-hands-inc.business.site/ |
| One Hope United Olney | 618-395-8656 | Comprehensive Community-based Youth Services (CCBYS), Intact Family Services Program | onehopeunited.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Office Location - Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
| Pool's Hidden Treasures Olney | 618-393-2929 | Consignment store | |
| Richland Co. Health Dept Olney | 618-392-6241 | Vaccination services, TB testing, other general health services | richlandcountyhealthoffice.org/ |
| Richland County Housing Olney | 618-395-2571 | Low- income housing for elderly, disabled, near elderly, families | rcha1.com/?fbclid=IwAR15p-6de_fzgaK2hUrV8efkJ9BsD_QVPBGwnDjLK5fNqPXtFMyg-0phxPNMw |
| Rides Mass Transit Olney | 618-395-1272 | Regional transportation system | ridesmtd.com |
| SIH Behavioral health Olney | 618-395-5222 | Behavioral health, Ob/Gyn, Pharmacy | |
| SWAN Olney | 618-392-3556 | Housing, shelter, financial, domestic abuse | swandvhl.org/ |



USDA Rural Development Effingham 217-347-7107 Housing

Saline County

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|--------------------------------------------------------------|--------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| 4C's Shelter Harrisburg | 618-252-3931 | Utilities, clothing shelter, food pantry (618-252-2374) and homeless shelter | 4cshbg.org |
| Beck's Home Health and Medical Equipment Services Eldorado | 618-273-8111 | Home health and medical supplies | becksdugs.com/ |
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.edu https://www.ccrjalc.com/ |
| Christian Community Compassion Center Harrisburg | 618-252-3931 | Community outreach | harrisburgpresbyterian.org https://4cshbg.org/ |
| Court Appointed Special Advocates (CASA) Harrisburg | 618-253-3355 | Child advocate | illinoiscasa.org |
| Department of Children and Family Services (DCFS) Harrisburg | 618-253-7604 | Family | https://dcfs.illinois.gov/ |
| Egyptian Mental Health Eldorado | 618-273-3326 | Crisis services, mental health, substance use | egyptian.org |
| Eldorado First Baptist Church Eldorado | 618-273-8206 | Lunch meals Tues-Thurs 11:30-12:30; Food distribution every 3rd Mon. | fbceldorado.com/ |
| Eldorado Primary Care Eldorado | 618-273-7723 | Healthcare | harrisburgmc.com/clinics/eldorado-primary-care |
| Ferrell Hospital Behavioral Health Eldorado | 618-297-9665 | Crisis services, Mental health, substance use prevention | ferrellhosp.org/Services/Behavioral-Health |
| First United Methodist Harrisburg | 618-253-7023 | Clothing, food assistance, rent, utilities | |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |



services for you

Saline County (Continued)

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| Harrisburg Medical Center Harrisburg | 618-253-7671 Ext. 10288 | Medical, diagnostic & therapeutic, behavioral health, specialized services | harrisburgmc.com/ |
| Integrated Health Harrisburg | 618-252-5555 | Rehab, mental health, physicals, laser therapy, physical therapy, massage therapy, nutrition, family medicine, chiropractic care | integratedhealthofsi.com |
| Rides Mass Transit Harrisburg | 618-252-4662 | Regional transportation system | ridesmtd.com |
| Saline Baptist Food Pantry Harrisburg | 618-252-2374 | Clothing | |
| Saline County Sheriff's Office Harrisburg | 618-252-8661 | Law enforcement | |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |
| SICIL Harrisburg | 618-252-7233 | Housing shelter | incil.org/sicil/ |
| SIH Primary Care Harrisburg | 618-252-8625 | Crisis services, mental health, substance use | sih.net/locations/harrisburg-specialty-clinic |
| Southern 14 Local Workforce Harrisburg | 618-252-6020 | Employment, education | so14lwib.com |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Village InCK | 618-518-4625 | Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids | egyptian.org/villageinck |
| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |



WADI Harrisburg 618-252-2680 Energy, rent, food, shelter, budgeting assistance wadi-inc.com

Union County

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|--------------------------------------------|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Bethany Village Anna | 618-833-1777 | Clothing vouchers, transitional housing, food pantry | bvillageanna.com |
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.edu https://www.ccrjalc.com/ |
| Choate Mental Health Anna | 618-833-5161 | Crisis services, mental health, substance use | |
| Dongola First Baptist Church Dongola | 618-827-4391 | Food Pantry 1st Wednesdays 10-11am. Must call on Monday to schedule pickup | dongolafirst.com/food-pantry/ |
| Fellowship House, Inc. Anna | 618-833-4456 | Detox services, residential rehabilitation, outpatient services | centerstone.org/locations/illinois/facilities/centerstone-fellowship-house-campus/ |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Harvest Church | 618-833-0603 | Household pantry the 2nd and 4th Thursday of the month from 11am-1pm. Union County residents only. We distribute paper products, personal hygiene, toiletries, cleaning supplies and laundry detergent. | churchsi.com |
| Rural Health Inc. | 618-833-4471 | Healthcare | ruralhealthinc.org |
| Salvation Army Marion | 618 993-5854 | Disaster relief, financial assistance, rent, utilities | |
| Shawnee Development Council | 618-734-0535 | Utility assistance, weatherization | shawneedevelopment.org/ |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |



services for you

Union County (Continued)

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| Shawnee Mass Transit District | 618-658-8380 | Regional transportation system | shawneemtd.com |
| Southern Seven Health Department Anna | 618-833-8561 | Preventive health care, health education, Head Start | southern7.org |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| University of Illinois Extension Office Anna | 618-833-6363 | Community outreach | extension.illinois.edu/ajmpu |

Wabash County

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| Department of Human Services (DHS) Mt Carmel | 618-262-5179 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Health Department Mt Carmel | 618-263-3873 | Immunizations, WIC, TB testing, oral drug testing, family case management, foot care clinic, paternity testing, "All Our Kids Network," HERO Foundation | wabashhealth.org/ |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral | ofacil.org |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Southern Illinois Housing Authority Mt Carmel | 618-262-5518 | Housing by application | |
| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |
| WADI Mt Carmel | 618-262-4151 | Energy, rent, food, shelter, budgeting assistance | wadi-inc.com |



Washington County

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| BCMW Community Services Centralia | 618-327-8476 | Transitional housing, energy assistance, rental assistance, mental health, crisis services, mental health scholarships and weatherization | bcmwcommunityservices.org |
| One Hope United Centralia | 618-323-0120 | Intact Family Services Program | onehopeunited.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
| Salvation Army Marion | 618 993-5854 | Disaster relief, financial assistance, rent, utilities | |
| South Central Transit | 800-660-7433 | Shuttle services | southcentraltransit.org |
| Washington County Public Health | 618-327-3644 | Dental, healthcare | |

Wayne County

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| Department of Children and Family Services (DCFS) Mt Vernon | 618-244-8400 | Family | dcfs.illinois.gov/ |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Oblong Christian Children's Home Oblong | 618-592-3633 | Children's shelter | oblongchristianhome.org |
| Opportunities for Access-Center for Independent Living | 618-244-9212 | Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral | ofacil.org |
| Rides Mass Transit Fairfield | 618-847-4077 | Regional transportation system | ridesmtd.com |
| Southern Illinois Housing Authority Fairfield | 618-842-9008 | Housing by application | |



services for you

Wayne County (Continued)

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| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |
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| WADI Fairfield | 618-842-2962 | Energy, rent, food, shelter, budgeting assistance | wadi-inc.com |
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White County

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| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrjalc.eduhttps://www.ccrjalc.com/ |
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| Community Resource Center | 618-533-1391 | Clothing, household | crconline.info |
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| Department of Children and Family Services (DCFS) Harrisburg | 618-253-7604 | Family | dcfs.illinois.gov |
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| Egyptian Mental Health Eldorado | 618-273-3326 | Crisis services, mental health, substance use | egyptian.org |
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| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
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| Opportunities for Access-Center for Independent Living | 618-244-9212 | Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral | ofacil.org |
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| Shawnee Enterprises | 618-997-5365 | Housing by application | |
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| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
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| Wabash & Ohio Valley Special Education District | 618-378-2131 | Special education services and resources to the students, parents, teachers and administrators. Monday - Friday: 8:00 am - 3:30 pm | wovsed.org |
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local assistance



WADI Enfield 618-963-2387 Energy, rent, food, shelter, budgeting assistance wadi-inc.com

Williamson County

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| Boyton Street Community Center Marion | 618-997-1113 | After school and summer lunch programs along with several enrichment programs | cityofmarionil.gov/boyton-street/ |
| Carita's Family Solutions Carterville | 618-985-2000 | Social service agency | caritasfamilysolutions.org |
| Centerstone Marion | 618-997-3647 | Counseling | centerstone.org |
| Child Care Resource & Referral Carterville | 618-985-5975 | Family | ccrrjal.com/ |
| Clarity Women's Care Marion | 618-997-2790 | Medical behavior health, women's healthcare, dental (no longer a free clinic) | claritywomenscare.org |
| Court Appointed Special Advocates (CASA) Benton | 618-438-0608 | Child advocate | casafranklincounty.org/ |
| Department of Human Services (DHS) Marion | 618-997-6591 | Family | dhs.state.il.us/page.aspx?item=27893 |
| Egyptian Mental Health Eldorado | 618-273-3326 | Crisis services, mental health, substance use | egyptian.org |
| Fighting Cancer Today | 618-922-0585 | Pregnancy test, ultrasound, material support, workshops supports for cancer patience and their family | FightingCancerToday.org |
| Fowler-Bonan Foundation Harrisburg | Contact on Website | Clothing for low income students | fowlerbonanfoundation.com |
| Franklin-Williamson Bi-County Health Marion | 618-993-8111 | Immunizations, on site testing, care and treatment services | bicountyhealth.org |
| GROW In Illinois Champaign | 217-352-6989 | Crisis services, mental health, substance use; Group videoconference available | growinamerica.org/home |



services for you

Williamson County (Continued)

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| House of Hope Herrin | 618-942-9500 | Soup kitchen/food pantry and thrift store, GED testing center, bicycles | herrinhouseofhope.org |
| Integrated Health of Southern Illinois Carterville | 618 985-4344 | Rehab, mental health, physicals, laser therapy, physical therapy, massage therapy, nutrition, family medicine, chiropractic care | integratedhealthofsi.com |
| Lutheran Social Services Marion | 618-997-9196 | Social service agency | lssi.org |
| Man-Tra-Con Marion | 618-998-0970 | Assistance with job search, resume building and educational goals | mantracon.org |
| Marion Housing Authority Marion | 618-997-1258 | Section 8 and public housing in Marion, IL | |
| Marion Ministerial Alliance Marion | 618-993-8419 | Soup kitchen, food pantry, limited utility assistance | facebook.com/MarionMinisterialAlliance/ |
| ReNew, Cornerstone Church Carbondale | 618-364-8250 | Second hand thrift store | renewsecondhandstore.org |
| Rides Mass Transit Marion | 618-993-1900 | Regional transportation system | ridesmtd.com |
| Salvation Army Service Center, Marion | 618-993-5854 | Clothing, hygiene assistance, food assistance | |
| Shawnee Alliance for Seniors | 618-985-8322 | Family | shawneehealth.com/locations/shawnee-alliance |
| Shawnee Enterprises | 618-997-5365 | Housing by application | |
| Shawnee Health | 618-519-9200 | Medical, dental, social, behavioral care | shawneehealth.com |

local assistance



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|-------------------------------------------------|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| Shawnee Health | 618-519-9200 | Equipping, encouraging, and stabilizing those who are in need. If you are facing a challenging situation or feeling stuck and overwhelmed, the Empowerment Team would love to meet with you. | shawneehealth.com |
| Shawnee Healthy Families | 618-985-8322 | Birth to 5 years old | shawneehealth.com/locations/shawnee-alliance/ |
| Shawnee Healthy Families | 618-985-8322 | Birth to 5 years old | shawneehealth.com/locations/shawnee-alliance/ |
| Shawnee Village Marion | 618-993-0004 | Housing by application | |
| SIUC Head Start John A Logan | 618-985-2828 ext. 8241 | Education | headstart.siu.edu/location |
| SIUC Head Start Marion | 618-997-4255 | Education | headstart.siu.edu/location |
| Southern Illinois Coalition for Homeless Marion | 618-993-0094 | Central intake for housing assistance for the homeless | |
| SPERO Counseling and Wellness Center Mt Vernon | 618-242-6944 | Mental Health | sperofs.org |
| St. Anne Cradle of Hope | 618-722-5022 | Provides diapers, wipes, formula, bathing necessities, clothing, and other items for mother and child. Open Mondays and Wednesdays 10:00 to 2:00 | stannecradleofhope.org |
| Stress and Trauma Treatment Center Eldorado | 618-252-9036 | Crisis services, mental health, substance use | stressandtrauma.org |
| Survivor Empowerment Center | 618-993-0803 | Counseling, education, medical and legal advocacy for domestic violence/ rape crisis | empoweringsurvivors.org/ |



services for you

Williamson County (Continued)

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|---------------------------------------------|------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| Take Action Today Inc | 618-212-3171 | Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center | takeactiontoday.net |
| USDA Rural Development Marion | 618-993-5696 Ext. 4 | Housing | |
| Williamson County Housing Auth. Carterville | 618-985-2422 | Housing by application (Does not serve city of Marion) | ilwcha.com |

regional offices of education



Regional Office of Education #12 Clay, Crawford, Jasper, Lawrence, and Richland Counties www.roe12.net

Regional Office of Education #13 Clinton, Jefferson, Marion and Washington Counties www.roe13.org

Regional Office of Education #20 Edwards, Gallatin, Hamilton, Hardin, Pope, Saline, Wabash, Wayne and White Counties www.roe20.org

Regional Office of Education #21 Franklin, Johnson, Massac, & Williamson Counties www.roe21.org

Regional Office of Education #30 Alexander, Jackson, Perry, Pulaski and Union Counties www.roe30.org

Thank you to our partners



The Regional Office of Education 21 is proud to partner with the McKinney-Vento Homeless Program (Area 6), Community Prevention Resources, and the Southern Illinois Continuum of Care.



The McKinney-Vento Homeless Education Assistance Act

The McKinney-Vento Homeless Education Assistance Act ensures the educational rights and protections of homeless children and youth so that they may enroll in school, attend regularly, and be successful. This act guarantees McKinney-Vento eligible children and youth the following:

- The right to immediate enrollment in school, even if lacking paperwork normally required for enrollment.
- The right to attend school in his/her school of origin (if this is requested by the parent and is reasonable) or in the school in the attendance area where the family or youth is currently residing
- The right to receive transportation to his/her school of origin, if this is requested by the parent or unaccompanied youth.
- The right to services comparable to those received by housed schoolmates, including transportation and supplemental educational services.
- The right to attend school along with children not experiencing homelessness.

This ISBE program is funded in whole or in part by the U.S. Dept of Ed under the McKinney-Vento Education for Homeless Children and Youth Program.

For more information email homeless@roe21.org



Community Prevention Resources

Community Prevention Resources (CPR) is a substance use prevention program working through the Regional Office of Education #21 to deliver innovative prevention services in Franklin and Saline counties. The CPR team focuses on changing perceptions and developing skills and norms that support healthy substance-free environments within schools and communities.

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Services Administration.



Southern Illinois Continuum of Care

The Southern Illinois Continuum of Care Network (CoC) is a collection of nonprofit agencies, mental health advocates, educators, substance abuse counselors, case managers and volunteers who work together to coordinate services to assist individuals and families experiencing a housing crisis. A regional planning body, the CoC is responsible for strategically distributing housing and services funding throughout its 27 county geographic region.

POTENTIAL INDICATORS OF HOMELESSNESS



**TARDINESS/
ABSENCES**



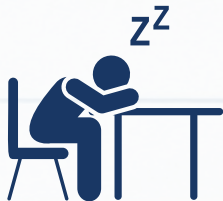
**LACK OF
PARTICIPATION/
SCHOOL SUPPLIES**



**UNMET MEDICAL/
DENTAL NEEDS**



**SOCIAL/
BEHAVIORAL
CHALLENGES**



**FATIGUE/SLEEPING
IN CLASS**



**RETURNING LATE
FROM SCHOOL
BREAKS**



HYGIENE



**MISSING THE
BUS**



HUNGER



**ENROLLMENT AT
MULTIPLE SCHOOLS,
LACK OF RECORDS, GAPS
IN LEARNING**



Make Lemonade



Submit or
Update Resources



forms.gle/QFfi7Hb1E64Lv8r6

Check Out the
Online Version



whoiscpr.com/resource-guide

Southern Illinois Resource Guide

Version F24

