



Southern Illinois Resource Guide



When Life Gives You Lemons



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This guide is a continual work in progress. We try to gather as many resources for our community as possible, as well as update those resources to the best of our ability. If you would like to contribute to our guide with new or updated resources, please email Community Prevention Resources at cpr@whoiscpr.com.

We hope these resources will help make your journey a little easier, and maybe help turn any lemons you might be facing into lemonade.

To find the most update-to-date version of this guide go to whoiscpr.com/resource-guide or scan the QR code.





services for you

Addiction/Mental Health Services

Al-Anon: Alateen	888-425-2666	al-anon.org	Addiction, substance abuse
Alcohol Treatment Referral Hotline	800-252-6465		Addiction, substance abuse
ComWell	888-310-6233		Addiction, substance abuse
Ecstasy Addiction	800-468-6933	addiction2.com	Addiction, substance abuse
Families Anonymous	800-736-9805	familiesanonymous.org	Addiction, substance abuse
GriefShare	800-395-5755	griefshare.org	Grief/Loss; Open weekdays 8am- 5:30pm
Illinois Helpline for Opioids and Other Substances	833-234-6343	helplineil.org/app/home	Public resource for finding substance use treatment and recovery services in Illinois
Illinois WarmLine	866-359-7953	ipha.com	Emotional support, recovery education, self-advocacy support, referrals
LGBT National Senior Hotline	888-234-7243		LGBTQ+
LGBT National Youth Talkline	800-246-7743	glbthotline.org/talkline.html	LGBTQ+
Marijuana Anonymous	800-766-6779	marijuana-anonymous.org	Marijuana recovery
National Alliance on Mental Illness	800-950-NAMI (6264)	nami.org	Mental Health; NAMI works to educate, support, advocate, and listen. Crisis counselors are also available .
National Association for Children of Addiction	888-554-2627	nacoa.org	Work to eliminate the adverse impact of alcohol and drug use on children and families.
National Association of Anorexia Nervosa and Eating Disorders	888-375-7767	anad.org	Emotional support and referrals for eating disorders
National Eating Disorders Association	800-931-2237	nationaleatingdisorders.org	Helpline for support; Resources, and treatment options for eating disorders
National Suicide Prevention Lifeline	988		Suicide and crisis lifeline
The Trevor Project	866-488-7386 or Text "Start" to 678-678	thetrevorproject.org/get-help-now	LGBTQ+

Assistance/Health Services

AIDSinfo	800-HIV-0440 (448-0440)	hivinfo.nih.gov	Healthcare
All Kids	866-ALL-KIDS (255-5437)		Healthcare
Boys Town National Hotline	800-448-3000	boystown.org	Behavioral health
CAISA (Sexual Abuse/Assault)	618-879-2130	Email: caisa@sacis.org	Counseling
Center for Autism Spectrum Disorders SIUC	618-453-7130	casd.siu.edu	Counseling
Centers for Disease Control	800-CDC-INFO (232-4636)	cdc.gov	Healthcare

available to all



Centralia Community Youth Center	618-532-6530	centraliayouthcenter.com	After school program, food assistance
CHESI Cairo	618-734-4400	chesi.org	Dental, healthcare
Comprehensive Community Based Youth Services (CCBYS)	877-870-2663		Youth services, community outreach
Cornerstone Church	618-997-7884	cornerstonechurch.communty	Assistance with transportation, comfort kits, patient navigator, utilities, food
Good Samaritan Carbondale	618-457-5794	goodsamcarbondale.com	Shelter, transitional housing, soup kitchen, food pantry, emergency assistance
Healthy Southern Illinois Delta Network		hsidn.org	List of health resources, mental health awareness, cancer support, health & chronic disease, cardiovascular health
Illinois Breast and Cervical Cancer Program	888-522-1282	cancerscreening.illinois.gov	Cervical and breast cancer treatment
Land of Lincoln Carbondale	877-342-7891	lincolnlegal.org	Free civil legal services to low income and senior residents
Lifestance Health	618-592-3116	lifestance.com	Counseling
PATH/ United Way 2-2-1	888-865-9903	navigateresources.net/path/	List of resources for various needs
Postpartum Support International	1-800-944-4773	postpartum.net	Postpartum help for moms and dads
Project Child	800-362-7257	projectchild.net	Child care
Public Disposal for Controlled Substances		apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main	Online search for public controlled substance disposal locations
Red Cross	800-RED-CROSS (733-27677)	redcross.org	Disaster relief, lifesaving blood, military families, international services
Safe Families for Children So IL Carbondale	618-319-5751	safe-families.org	Families seek to help parents in crisis get on their feet by providing short-term care for their children
Shawnee Health	618-967-6355	shawneehealth.com	Psychiatric treatment to children and adolescents ages 3-17
SI Families Connect		sifamilies.org	Connecting families to a wide variety community services
Specialized Care for Children	618-997-4396	dsc.uic.edu	Children with special healthcare needs
The Family Help Line	855-771-4357	focusonthefamily.com	Grief and family counseling
The Mulberry Center Harrisburg	618-252-0999	harrisburgmc.com/services/behavioral-health-services/	Behavioral health

Crisis/Emergency Services

CARES Crisis Hotline	800-345-9049		Suicide
CHESI Harrisburg	618-253-8450	chesi.org	Crisis services, mental health, substance use



services for you

Child Find of America	800-A-WAY-OUT (292-9688)	childfindofamerica.org	Parents considering abducting their children
Child Find of America	800-I-AM-LOST(426-5678)	childfindofamerica.org	Crisis services
Childhelp National Child Abuse Hotline	800-4-A-CHILD (422-4453)	childhelp.org	Abuse
Crisis Text Line	Text "HOME" to 741-741		Crisis services
Empowering Survivors	800-334-2094	empoweringsurvivors.org	Counseling, education, medical and legal advocacy for domestic violence/rape crisis
Illinois Child Abuse Hotline (DCFS)	800-25-ABUSE (22873)	www2.illinois.gov/dcf/safekids/reporting/Pages/index.aspx	Child abuse help
Illinois Poison Center	800-222-1222	poison.org/contact-us	Poison control
Love is Respect	866-331-9474	loveisrespect.org	Offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships
National Center for Missing and Exploited Children	800-THE-LOST (843-5678)	missingkids.org/home	Help find missing children, reduce child sexual exploitation and prevent child victimization
National Domestic Violence Hotline	800-799-7233	ncadv.org/get-help	National Domestic Violence Hotline
National Parent Helpline	855-4APARENT (1-855-427-2736)	nationalparenthelpline.org	Providing emotional support to help support families
National Runaway Safeline	800-RUNAWAY (786-2929)	1800runaway.org	Crisis services
National Sexual Assault Hotline: RAINN	800-656-HOPE (4673)	rainn.org	Sexual assault help
Senior HelpLine	800-252-8966		Abuse
Stop it Now!	888-PREVENT (773-8368)	nsvrc.org	Abuse
Suicide Hotline	800-273-TALK (8255)	suicidepreventionlifeline.org	Suicide
Suicide Prevention Services Depression Hotline	630-482-9696	spsamerica.org	Suicide hotline
Thursday's Child National Youth Advocacy Hotline	800-USA-KIDS (1-800-872-5437)	thursdayschild.org	Abuse hotline
Tragedy Assistance Program for Survivors (TAPS)	800-959-TAPS(8277)	taps.org	Crisis services

services by county



Alexander County

Alexander County Clinic Cairo	618-734-4167	southern7.org/clinics-southern-7-health-department	Dental, healthcare
Alexander County Housing Authority Cairo	618-734-1910		Housing, shelter
Arrow Leaf - Client Choice Food Pantry Cairo	618-734-2665		Food pantry
Arrow Leaf Vienna	618-658-2611	myarrowleaf.org	Counseling services, rental assistance through Salvation Army
BCMW Community Services Centralia	618-745-9411	bcmwcommunityservices.org	Transitional housing, energy assistance, rental assistance, crisis, mental health, crisis services, mental health
Cairo Women's Center Cairo	618-734-4357		Domestic violence, sexual assault, abuse
Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Department of Children and Family Services (DCFS) Cairo	618-734-0858		Family, DCFS
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
MAP Training Center Karnak	618-634-9401		Developmental training for disabled
Shawnee Development Council	618-734-0535	shawneedevelopment.org	Utility assistance, weatherization
Shawnee Enterprises	618-997-5365		Housing by application
Shawnee Mass Transit District SICIL Cairo	618-658-8380	shawneemtd.com	Regional transportation system
Southern Seven Health Department Cairo	618-457-3318	incil.org/sicil	Housing, shelter
Two Rivers Child Advocacy Center Anna	618-734-4167	southern7.org/pope.html	Preventive health care, health education, Head Start
University of Illinois Extension Office Mounds	618-833-7470	tworiverscac.org	Domestic violence, sexual assault, abuse
	618-745-5200	extension.illinois.edu/ajmpu	Community outreach

Bond County

BCMW Community Services Centralia	618-745-9411	bcmwcommunityservices.org	Transitional housing, energy assistance, rental assistance, crisis, mental health, mental health, crisis services
Bond County Transit Greenville	618-664-9844		Transportation
Health Department Greenville	618-664-1442	bchd.us/departments	Dental clinic, environmental health, family planning, home health, WIC, immunizations, counseling center



services by county

Champaign County

GROW In Illinois Champaign	217-352-6989	growinamerica.org/home	Crisis services, mental health, substance use; Group videoconference available
One Hope United Champaign	217-850-0500	onehopeunited.org	Foster care services

Clay County

Department of Children and Family Services (DCFS) Mt Vernon	618-244-8399		Family
Department of Human Services (DHS) Robinson	618-392-3151		Family, food assistance
Guadalupe Project Flora	618-403-5998	ststephenflora.com/guadalupe-project	Clothing, assistance; Open the second Monday of every month from 9 a.m. - 12 noon.
Health Department Flora	618-662-4406	healthdept.org	Community health, health education, nursing department, home health, WIC, immunizations
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, public aid, IEPs, skill training, information and referral

Clinton County

BCMw Community Services Breese	618-526-7123	bcmwcommunityservices.org	Transitional housing, energy assistance, rental assistance, crisis, mental health
BCMw Head Start Breese	618-526-2419	bcmwhs.org	Employment, education
City Hope Church	618-533-3349	cityhope.church	Clothing, food assistance
Community Resource Center 24/7 Crisis Hotline	618-533-1389	crconline.info	Community mental health agency; Accepts Medicaid, sliding fee scale; Counseling, group therapy, case management
Court Appointed Special Advocates (CASA) South Central Illinois	618-594-6078	casaofscil.org	Counseling, group therapy, community outreach, professional development
Health Department Carlyle	618-594-2723	clintoncountyhealth.com	Public Health, immunizations, WIC services, environmental health and food protection
Lhc Group Healthcare Swansea	618-235-2308	lhcgroupp.com	Healthcare
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPs, skill training, information and referral
Public Transportation Perry County	618-542-4700	southcentraltransit.org	Regional transportation system

services by county



Salvation Army Centralia Service Center, Centralia	618-532-5942		Disaster services, emergency financial assistance, food & nutrition
South Central Transit	800-660-7433	southcentraltransit.org	Shuttle services
SSM Health St. Mary's Hospital Centralia	618-436-8000	ssmhealth.com/locations/st-marys-hospital-centralia	Dental, healthcare

Coles County

One Hope United Charleston	217-294-6727	onehopeunited.org	Counseling, DCFS Counseling Services, Intensive Placement Stabilization (IPS), Intact Family Services Program
Salvation Army IL Corps, Mattoon	217-234-3915		Food & nutrition programs, emergency shelter, community recreation programs

Crawford County

Catholic Charities Marshall	217-857-1458		Financial, utility, medicine assistance
Child Advocacy Center Healing Harbors Robinson	618-262-1609		Abuse
Clarity Women's Care Marion	618-997-2790	claritywomenscare.org	Medical behavior health, women's healthcare, dental (no longer a free clinic)
Counseling and Information for Sexual Assault and Abuse Robinson	618-544-9379		Crisis services, mental health, substance use
Department of Human Services (DHS) Robinson	618-544-3151		Family, food assistance
ERBA Robinson	618-544-8780		Financial, utility, medicine assistance
Health Department Robinson	618-544-8798		WIC, nursing, environmental health, health education, behavioral health services
Holding Hope Counseling Robinson	618-469-1020	robinsonfumc.org/holding-hope	Counseling, mental health education, advocacy, and support
Home Hub LLC	618-544-2254		Housing assistance
Lydia's Closet Oblong	618-553-1021		Second hand clothing
MACO Management Robinson	618-544-8645		Housing
Oblong Christian Children's Home Oblong	618-592-3633	oblongchristianhome.org	Children's shelter
Rides Mass Transit Robinson	618-544-8800	ridesmtd.com	Regional transportation system
Robinson Township Robinson	618-546-5414	toi.org	Financial, utility, emergency assistance
Section 8 Housing Petersburg	217-632-7723		Housing
SWAN Olney	618-392-3556	swandvhl.org	Housing, shelter, financial
Wabash Valley Health Care Center	812-232-7447	wabashvalleyhealthcenter.org	Medical behavior health, dental (no longer a free clinic)



services by county

Edwards County

Health Department Albion	618-445-2615		Immunizations and WIC services
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPS, Skill Training, information and referral
Southern Illinois Housing Authority Albion	618-445-2715		Housing by application
WADI Albion	618-445-2379	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance

Effingham County

Department of Children and Family Services (DCFS) Effingham	217-347-5561		Family
One Hope United Effingham	217-347-5880	onehopeunited.org	Counseling, Comprehensive Community-based Youth Services (CCBYS), Functional Family Therapy (FFT), Screening Assessment and Support Services (SASS), Intensive Placement Stabilization (IPS), Intact Family Services Program
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Office location; Increase opportunities for all aspects of community life, Public Aid, IEPS, Skill Training, information and referral
Southern Illinois Housing Authority Effingham	217-342-3520		Housing by application

Fayette County

Community Resource Center 24/7 Crisis Hotline	618-533-1391	crconline.info	Community mental health agency, accepts Medicaid, sliding fee scale; Counseling, group therapy, case management
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPS, Skill Training, information and referral

Franklin County

Benton Public Library Benton	618-438-7511	bentonlibrary.com Email: benton.bpl@gmail.com	Community outreach
Benton West City Food Pantry Benton	618-927-6270		Food pantry
Centerstone: West Frankfort	618-937-6483	centerstone.org/locations/illinois/	Counseling

services by county



Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Children's Home and Aid Youth Services	618-463-6880	childrenshomeandaid.org	Individual and family counseling, solutions to parent/child conflict, referrals for additional resources, advocacy in school, employment and educational services, life-skill training, assistance with basic needs.
Comprehensive Connections Mt Vernon	618-242-1510		Connects people with resources needed for behavioral health
Court Appointed Special Advocates (CASA) Benton	618-438-0608	Email: mariah@casafranklin-county.org	Child advocate
Crosswalk West Frankfort	618-937-3581	crosswalkcaa.com	Emergency, energy, food assistance
Department of Human Services (DHS) Benton	618-439-4351		Family
Family Healthcare Clinic Benton	618-439-3161	franklinhospital.net	Healthcare
First Baptist Church West Frankfort	618-932-2105	fbcwestfrankfort.org	Food assistance
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Franklin Co. Housing Authority West Frankfort	618-932-2124		Housing by application
Franklin-Williamson Bi-County Health Benton	618-439-0951	bicountyhealth.org	Immunizations, on site testing, care and treatment services
Grace Baptist Church West Frankfort	618-218-1081	gracebaptistfellowship.churchcenter.com	Food pantry
LifeSource Church Food Pantry West Frankfort	618-944-1019		Food pantry every Wednesday 9AM - 11 AM; Soup kitchen every Thursday and Friday 4pm-6pm
Public Transportation West Frankfort	618-542-4700	southcentraltransit.org	Regional transportation system
REA Clinic Benton	618 435-9888	crhpc.org/benton	Family practice, certified pediatrics, and behavioral health
REA Clinic Christopher	618-724-2436	crhpc.org/christopher-	Family practice, internal medicine, pediatrics, diabetic & nutrition services, dental, pharmacy, lab, radiology
Sesser Police Dept.	618-625-2341	sesser.org/police-department/	Drug takeback location
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Shawnee Enterprises	618-997-5365		Housing by application
Shawnee Health	618-967-6355	shawneehealth.com	Medical, dental, social, behavioral care
South Central Transit	800-660-7433	southcentraltransit.org	Shuttle services



services by county

Franklin County (Continued)

Southern Illinois Case Coordination Services (SICCS) Centralia	618-532-4300		Developmental disability services
SPERO Counseling and Wellness Center Mt Vernon	618-242-6944	sperofs.org	Community, clinical, and child welfare services, crisis, mental health
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Take Action Today Inc	618-663-2000	takeactiontoday.net	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center
The Night's Shield Children's Center West Frankfort	618-932-6400	thenightsshield.org	Homeless shelter for unaccompanied homeless youth
West City Police Dept. Benton	618-435-6112 201 S Browning Street Benton, IL 62812		Drug takeback location
West Frankfort Police Dept.	618-937-3502 201 E Nolen St, West Frankfort, IL 62896		Drug takeback location
West Frankfort Public Library	618-932-3313	westfrankfortpubliclibrary.org	Community outreach
Whittington Baptist Church Whittington	618-629-2423	whittington.org	Provides clothing assistance

Gallatin County

Child Care Resource & Referral Carterville	618-985-5975	crrjalc.edu	Family
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604		Family
Department of Human Services (DHS) Harrisburg	618-253-7161		Family
Egyptian Mental Health Eldorado	618-273-3326	egyptian.org	Crisis services, mental health, substance use
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Gallatin County School Wellness Junction	618-272-7132	gallatin-county-school-wellness-center.hub.biz	Primary care clinic
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Village InCK	618-518-4625	egyptian.org/villageinck	Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids.
WADI Harrisburg	618-252-2680	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance

services by county



Hamilton County

Child Care Resource & Referral Carterville	618-985-5975	crrjalc.edu	Family
Court Appointed Special Advocates (CASA) Benton	618-438-0608	Email: mariah@casafranklin-county.org	Child advocate
Department of Children and Family Services (DCFS) Mt Vernon	618-244-8398		Family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Health Department McLeansboro	618-643-3522	hchdil.com	Dental, healthcare, family and children services, emergency preparedness, environmental health, immunizations, drug overdose prevention
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPs, skill training, information and referral
Village InCK	618-518-4625	egyptian.org/villageinck	Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids.
WADI McLeansboro	618-643-2161	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance

Hardin County

Arrow Leaf Vienna	618-658-2611	myarrowleaf.org	Counseling services, rental assistance through Salvation Army
Child Care Resource & Referral Carterville	618-985-5975	crrjalc.edu	Family
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604		Family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Salvation Army Marion	618 993-5854		Disaster relief, financial assistance, rent, utilities
Shawnee Development Council	618-734-0535	shawneedevelopment.org	Utility assistance, weatherization, rent assistance
Southern Illinois Housing Authority Elizabethtown	618-287-2786		Housing by application
Southern Seven Health Department Elizabethtown	618-285-6215	southern7.org	Preventive health care, health education, head start
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use



services by county

Two Rivers Child Advocacy Center Anna 618-833-7470 tworiverscac.org Domestic violence, sexual assault, abuse

Jackson County

Gateway Foundation Carbondale	618-319-7495		Rehabilitation
Got You Covered	618-922-6355	facebook.com/Got-You-Covered-427934964412518	Provides diapers, wipes, baby hygiene products
VA Clinic Carbondale	618-351-1031		Healthcare
Warming Center Carbondale	314-312-2539		Shelter
Adolescent Health Center Carbondale	618-529-2621		Dental, healthcare
Carbondale Police Dept.	618-457-3200 EXT 447		Susie Toliver, crime victim advocate
Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Clarity Women's Care Carbondale	618-549-2794	claritywomenscare.org	Pregnancy test, ultrasound, material support, workshops
Department of Human Services (DHS) Murphysboro	618-687-1705		Family
Elkville Christian Church Elkville	618-568-1544	elkvillechristian.com	Food assistance; 3rd Saturday of the Month from 9:00 a.m. to 10:00 a.m.
Elm Street Baptist Church Murphysboro	618-687-1043	elmstreetchurch.org	Community outreach, food assistance
First Baptist Church De Soto	618-867-2477		Food assistance
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Gateway's Alcohol and Drug Treatment Center Carbondale	877-352-9566	gatewayfoundation.org/location/carbondale	Alcohol and drug rehab treatment center
Health Department Murphysboro	618-684-3143	jchdonline.org	Health Education, HIV & sexual health, WIC, nursing, dental
Jackson County Food Pantry Murphysboro	618-684-8258	sifamilies.org/food-pantries-wic-offices.html	Food assistance; Open Monday-Friday 9 A.M - 11 A.M
Jackson County Mass Transit District	618-549-0304	jcmt.com	Regional transportation system
Jasper Co. Health Dept. Behav. Health Newton	618-783-4154	jasperhealth.org/behavioral-health	Behavioral health, therapy, counseling
Lincoln Prairie Behavioral Health Center	217-585-1180	lincolnprairiehc.com	Individual and family counseling, solutions to parent/child conflict, referrals for additional resources, advocacy in school, employment and educational services, life-skill training, assistance with basic needs.

services by county



Memorial Hospital Carbondale	618-549-0721	sih.net/locations/sih-memorial-hospital-of-carbondale	Dental, healthcare
Murphysboro Township Murphysboro	618-684-6711	https://www.dhs.state.il.us/page.aspx?item=31772	Program designed to provide adults who receive SNAP benefits an opportunity to gain work experience, earn cash assistance and become self-sufficient; EarnFare Work Program
Operation Rebound Carbondale	618-549-8232	cchs165.jacksn.k12.il.us/academics/rebound	GED and high school diploma registration
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPs, skill training, information and referral
Public Transportation SIU	618-542-4700	southcentraltransit.org/	Transportation for SIU students to connecting counties
ReNew, Cornerstone Church Marion	618-997-7885	renewsecondhandstore.org	Second hand thrift store
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Shawnee Behavioral health Carbondale	618-519-9200		Behavioral health
SICIL Carbondale	618-457-3318	incil.org/sicil	Dental, healthcare
SIH Behavioral health Carbondale	618-549-5361		Behavioral health
Siu Care-a-Van	618-536-6621	carelistings.com/rural-health-centers/carbondale-il	Medicare certified rural health clinic
SIUC Head Start Carbondale	618-453-2440	headstart.siu.edu/location	Education
SIUC Head Start Murphysboro	618-687-4433	headstart.siu.edu/location	Education
St. Joseph's Hospital Murphysboro	618-684-3156	sih.net/locations/sih-st-joseph-memorial-hospital	Dental, healthcare
START Murphysboro	618-687-2378	startinc.org	Behavioral health
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Survivor Empowerment Center	618-549-4807	empoweringsurvivors.org	Counseling, education, medical and legal advocacy for domestic violence/rape crisis
University Baptist Church Carbondale	618-457-0323	ubccarbondale.org	Monday & Friday 9-11:30
University of Illinois Extension Office Murphysboro	618-687-1727	extension.illinois.edu/fjprw	Community outreach
Wildcat Route	618-993-1900		Medical, dental, social, behavioral care



services by county

Jefferson County

Comprehensive Connections Mt Vernon	618-242-1510	comconnect.org	Connects people with resources needed for behavioral health
Court Appointed Special Advocates (CASA) Mt Vernon	618-204-5453	illinoiscasa.org	Child advocate
Department of Children and Family Services (DCFS) Mt Vernon	618-244-8396		Family
Department of Human Services (DHS) Mt Vernon	618-242-1040		Family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Goodwill Mt Vernon	618-242-9582		Thrift store, second hand clothes
LifeBoat Alliance Mt Vernon	618-244-4088	lifeboatalliance.org	Homeless shelter
Lutheran Child and Family Services Mt Vernon	618-242-3284	lcf.org	Counseling, extended family support, foster care, intact family services
Narcotics Anonymous	618-322-3178		Drug abuse and addiction center
One Hope United Mt Vernon	618-242-8266	onehopeunited.org	Multi-Systemic Therapy (MST), Foster Grandparent Program, Screening Assessment and Support Services(SASS), Intensive Placement Stabilization (IPS)
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Main Office location- Increase opportunities for all aspects of community life, public aid, IEPS, skill training, information and referral
Park Avenue Baptist Mt Vernon	618-242-5068	parkavenuebaptistchurch.com/food-pantry/	Food Pantry open Monday, Wednesday, and Friday 1pm-3pm
Pleasant Hill Baptist Mt Vernon	618-266-7247		Monthly Requests for diapers and other basic needs
Prince of Peace Mt Vernon	618-242-5143		Food Pantry on the 3rd Thursday of every month from 4pm-5pm
South Central Transit	800-660-7433	southcentraltransit.org	Shuttle services
Southern Illinois Housing Authority Mt Vernon	618-244-5910		Housing by application
SPERO Counseling and Wellness Center Mt Vernon	618-242-6944	sperofs.org	Community, clinical, child welfare services
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Take Action Today Inc	618-663-2000	takeactiontoday.net	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center
USDA Rural Development Mt. Vernon	618-244-0773		Housing
West Side Baptist Mt Vernon	618-244-7113		Food assistance

services by county



Johnson County

Arrow Leaf Vienna	618-658-2611	myarrowleaf.org	Counseling services/rental assistance through Salvation Army
Carmi Compassion Center	618-383-5874	facebook.com/Carmicompassioncenter	Medical, dental, social, behavioral care
Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Faith Alive Ministerial Alliance Vienna	618-658-7110	viennafumc.com/faith-alive-ministry	Utilities, scholarships, community assistance
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Rural Health Inc.	618-833-4471	ruralhealthinc.org	Behavioral health, dental, healthcare; Locations include Anna, Dongola, Goreville, Metropolis, Vienna
Salvation Army Marion	618 993-5854		Disaster relief, financial assistance, rent, utilities
Shawnee Mass Transit District	618-658-8380	shawneemtd.com	Regional transportation system
Southern Seven Health Department Vienna	618-658-5011	southern7.org/pope.html	Preventive health care, health education, head start
Two Rivers Child Advocacy Center Anna	618-833-7470	tworiverscac.org/	Domestic violence, sexual assault, abuse

Lawrence County

Lawrence Co. Health Dept Lawrenceville	618-943-3302	lchealth.com/	Rural health, behavioral health, public health, home health, environmental health
Lawrence Co. Housing Authority Lawrenceville	618-943-4762	affordablehousingonline.com	Housing Authority of the County of Lawrence IL., IL Waiting Lists and Information

Madison County

One Hope United Collinsville	618-345-9644	onehopeunited.org	Intact family services program, Intensive Placement Stabilization (IPS), nurturing parenting program
Salvation Army IL Corps, Granite City	618-451-7957		Food & nutrition programs, casework services, music & arts programs, clothing

Marion County

Angela Center-SSM Behavioral health Centralia	618-436-5665	ssmhealth.com/locations/location-details/behavioral-health-illinois	After-hours tutoring assistance, child extracurricular activities, food assistance
BCMWH Head Start Salem	618-548-1020	bcmwhs.org	Employment, education



services by county

Coping 4 Life		coping4life.com	Counseling
Department of Children and Family Services (DCFS) Mt Vernon	618-244-8400		Family
Department of Human Services (DHS) Centralia	618-532-1966		Family
One Hope United Centralia	618-323-0120	onehopeunited.org	Intact Family Services Program
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPs, skill training, information and referral
Shawnee Enterprises	618-997-5365		Housing by application
South Central Transit	800-660-7433	southcentraltransit.org	Shuttle services
Southern Illinois Housing Authority Centralia	618-532-1894		Housing by application
Community Resource Center 24/7 Crisis Hotline	618-533-1390	crconline.info	Community mental health agency, accepts Medicaid, sliding fee scale; Counseling, group therapy, case management

Massac County

Arrow Leaf Vienna	618-658-2611	myarrowleaf.org	Counseling services, rental assistance through Salvation Army
Arrow Leaf Vienna	618-658-3079	myarrowleaf.org	Resource links
Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Department of Human Services (DHS) Metropolis	618-524-2631	dhs.state.il.us	Family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Massac County Mental Health and Family Counseling Center Metropolis	618-524-9368 TDD 618-524-1578 Toll Free 800-851-1251	mcmhc.com/	Provides low cost, high quality care to people of all ages
Rural Health Inc.	618-833-4471	ruralhealthinc.org	Dental, healthcare; Locations include Anna, Dongola, Goreville, Metropolis, Vienna
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Shawnee Development Council	618-734-0535	shawneedevelopment.org/	Utility assistance, weatherization
Shawnee Enterprises	618-997-5365		Housing by application
Shawnee Health	618-967-6355	shawneehealth.com	Medical, dental, social, behavioral care
Shawnee Mass Transit District	618-658-8380	shawneemtd.com	Regional transportation system
SI Housing Authority Massac	618-524-8411	massacountyhousing.com	Housing by application
SICIL Metropolis	618-457-3318	incil.org/sicil	Housing shelter
Southern Seven Health Department Metropolis	618-524-2657	southern7.org/massac.html	Preventive healthcare, health education, Head Start

services by county



Two Rivers Child Advocacy Center Anna	618-833-7470	tworiverscac.org/	Domestic violence, sexual assault, abuse
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Perry County

Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Children's Home and Aid Youth Services	618-463-6880	childrenshomeandaid.org	Individual and family counseling, solutions to parent/child conflict, referrals for additional resources, advocacy in school, employment and educational services, life-skill training, assistance with basic needs.
DuQuoin Community Health Center DuQuoin	618 542-8702		Crisis services, mental health, substance use
Egyptian Mental Health Eldorado	618-273-3326	egyptian.org	Crisis services, mental health, substance use
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Marshall Browning Hospital Du Quoin	618-542-2146	marshallbrowninghospital.com	Dental, healthcare
Perry County Counseling Center DuQuoin	618-542-4357	perrycountycounseling.com/	Mental health outpatient, DUI, prevention, residential program, and crisis services
Perry County Health Department Pinckneyville	618-357-5371	perryhealth.net/	Family health, environmental health, home health, immunizations, preventative care
Perry County Housing Authority	618-542-5409	perrycountyhousing.org/	Low-income housing
Perry County Transition 2 Hope DuQuoin	618 542-4357	t2hope.org/programs	Warming center, transitional housing, warm meals, support services, homeless outreach
Perry-Jackson Child Advocacy Center Pinckneyville	618-357-2990	perryjacksoncac.com/	Advocacy for children age birth to 18 years of age
Second Baptist Church Du Quoin	618-542-2906		Food assistance
Shawnee Enterprises	618-997-5365		Housing by application
South Central Transit	800-660-7433	southcentraltransit.org/	Shuttle services
Take Action Today Inc	618-663-2000	takeactiontoday.net	Peer Recovery Support Program, drug court support, education and reentry program, recovery resource center
University of Illinois Extension Office Pinckneyville	618-357-2126	extension.illinois.edu/fjprw	Community outreach
Western Egyptian Economic Opportunity Council, Inc. DuQuoin	618-542-4656	weeoc.org/counties/perry-county/	Energy assistance, weatherization, Head Start, crisis based services, food pantry



services by county

Pope County

Arrow Leaf Vienna	618-658-2611	myarrowleaf.org	Counseling services, rental assistance through Salvation Army
Child Care Resource & Referral Carterville	618-985-5975	crrjalc.edu	Family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Salvation Army Marion	618 993-5854		Disaster relief, financial assistance, rent, utilities
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Shawnee Development Council	618-734-0535	shawneedevelopment.org/	Utility assistance, weatherization
Southern Seven Health Department Golconda	618-683-8022	southern7.org/pope.html	Preventive health care, health education, Head Start
Two Rivers Child Advocacy Center Anna	618-833-7470	tworiverscac.org/	Domestic violence, sexual assault, abuse

Pulaski County

Arrow Leaf - Client Choice Food Pantry Cairo	618-734-2665		Food Pantry
Arrow Leaf Vienna	618-658-2611	myarrowleaf.org	Counseling services, rental assistance through Salvation Army
Child Care Resource & Referral Carterville	618-985-5975	crrjalc.edu	Family
Department of Children and Family Services (DCFS) Cairo	618-734-0858		Family
Department of Human Services (DHS) Mounds	618-745-9411		Family
First Baptist Church of Karnak	618-638-4676	karnakfirstbaptistchurch.org	Food Pantry 1st and 4th Wednesdays 2-4pm
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Harvest Deliverance Center Harrisburg	618-252-0009		Clothing
MAP Training Center Karnak	618-634-9401		Developmental training for disabled
Pulaski County Clinic Pulaski	618-634-9405	southern7.org/clinics-southern-7-health-department/	WIC food program, family case management, immunizations/screenings, pregnancy testing, STD & HIV testing
Pulaski County Housing Authority Mounds	618-745-6330	affordablehousingonline.com/housing-authority/Illinois/	Section 8 Housing, public housing
Shawnee Development Council	618-734-0535	shawneedevelopment.org/	Utility assistance, weatherization
Shawnee Mass Transit District	618-658-8380	shawneemtd.com	Regional transportation system
Southern Seven Health Department Ullin	618-634-2297	southern7.org	Preventive health care, health education, Head Start

services by county



Two Rivers Child Advocacy Center Anna	618-833-7470	tworiverscac.org/	Domestic violence, sexual assault, abuse
University of Illinois Extension Office Mounds	618-745-5200	extension.illinois.edu/ajmpu	Community outreach

Randolph County

Employment Office Chester	618-826-4709		Employment, education
Health Department Chester	618-826-5007		Immunizations and WIC Services
Memorial Hospital Chester	618-826-4581	mhchester.com	Dental, healthcare
Randolph County Care Center Sparta	618-443-4351	randolphcountycarecenter.com	Short-term rehabilitation and long-term care
Southern Illinois Housing Authority Chester	618-826-4314		Housing by application
Sparta Hospital Sparta	618-443-2177	spartahospital.com	Dental, healthcare

Richland County

Carle Primary Care Office Olney	618-392-9400		Counseling
CEFS WIOA Program Olney	618-392-7777		Employment
Claws and Paws Resale Olney	618-395-1218	Email: shelleyvrinkly2015@gmail.com	Clothing
Colwell Counseling Services Olney	618-392-8255		Counseling
CSS Supportive Employment Teutopolis	217-705-4300		Employment
DHS - Division of Rehabilitation Olney	618-395-2147		Employment
ERBA Olney	618-395-2714		Housing, utilities, financial
Giving Hope Food Pantry Olney	618-843-0885		Food Pantry with delivery and pickup
Good Samaritan Olney	618-395-8152		Food Service open on Wednesday and Friday from 9am-10:45am
Master's Hands Olney			Food, clothing
One Hope United Olney	618-395-8656	onehopeunited.org	Comprehensive Community-based Youth Services (CCBYS), Intact Family Services Program
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Office Location - Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral
Pool's Hidden Treasures Olney	618-393-2929		Consignment store
Richland Co. Health Dept Olney	618-392-6241	richlandcountyhealthoffice.org/	Vaccination services, TB testing, other general health services



services by county

Richland County Housing Olney	618-395-2571	rcha1.com	Low- income housing for elderly, disabled, near elderly, families
Rides Mass Transit Olney	618-395-1272	ridesmtd.com	Regional transportation system
SIH Behavioral health Olney	618-395-5222		Counseling
SWAN Olney	618-392-3556	swandvhl.org/	Housing, shelter, financial
USDA Rural Development Effingham	217-347-7107		Housing

Saline County

4C's Shelter Harrisburg	618-252-3931	4cshbg.org	Utilities, clothing shelter, food pantry (618-252-2374) and homeless shelter
Beck's Home Health and Medical Equipment Services Eldorado	618-273-8111	becksdugs.com/	Home health and medical supplies
Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Christian Community Compassion Center Harrisburg	618-253-8955	harrisburgpresbyterian.org	Community outreach
Court Appointed Special Advocates (CASA) Harrisburg	618-253-3355	illinoiscasa.org	Child advocate
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604		Family
Department of Human Services (DHS) Harrisburg	618-253-7161		Family
Egyptian Mental Health Eldorado	618-273-3326	egyptian.org	Crisis services, mental health, substance use
Eldorado First Baptist Church Eldorado	618-273-8206		Lunch meals Tues-Thurs 11:30-12:30; Food distribution every 3rd Mon.
Eldorado Primary Care Eldorado	618-273-7723	harrisburgmc.com/clinics/eldorado-primary-care	Healthcare
Ferrell Hospital Behavioral health Eldorado	618-297-9665	ferrellhosp.org/Services/Behavioral-Health	Crisis services, mental health, substance use
First United Methodist Harrisburg	618-253-7023		Clothing, food assistance, rent, utilities
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
General Assistance Harrisburg	618-252-8363		Cash assistance program providing minimal income support, assistance for disability
Harrisburg Medical Center Harrisburg	618-253-7671 Ext. 10288	harrisburgmc.com/	Medical, diagnostic & therapeutic, behavioral health, specialized services
Harvest Deliverance Center Harrisburg	618-252-0009		Clothing

services by county



Integrated Health Harrisburg	618-252-5555	integratedhealthofsi.com	Rehab, mental health, physicals, laser therapy, physical therapy, massage therapy, nutrition, family medicine, chiropractic care
Rides Mass Transit Harrisburg	618-252-4662	ridesmtd.com	Regional transportation system
Saline Baptist Food Pantry Harrisburg	618-252-2374		Clothing
Saline County Sheriff's Office Harrisburg	618-252-8661		Law enforcement
Second Chance Harrisburg	312-285-0440		Substance use
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Shawnee Enterprises	618-997-5365		Housing by application
SICIL Harrisburg	618-252-7233	incil.org/sicil/	Housing shelter
SIH Primary Care Harrisburg	618-252-8625	sih.net/locations/harrisburg-specialty-clinic	Crisis services, mental health, substance use
Southern 14 Local Workforce Harrisburg	618-252-6020	so14lwib.com	Employment, education
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Village InCK	618-518-4625	egyptian.org/villageinck	Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids.
WADI Harrisburg	618-252-2680	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance

Union County

Bethany Village Anna	618-833-1777	bvillageanna.com	Clothing, food assistance
Child Care Resource & Referral Carterville	618-985-5975	ccrrjalc.edu	Family
Choate Mental Health Anna	618-833-5161		Crisis services, mental health, substance use
Dongola First Baptist Church Dongola	618-827-4391	dongolafirst.com/food-pantry/	Food Pantry 1st Wednesdays 10-11am. Must call on Monday to schedule pickup (can leave a message)
Fellowship House, Inc. Anna	618-833-4456	centerstone.org/locations/illinois/	Detox services, residential rehabilitation
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Rural Health Inc.	618-833-4471	ruralhealthinc.org	Locations include Anna, Dongola, Goreville, Metropolis, Vienna
Salem Lutheran Church Jonesboro	618-833-0704		Food pantry every Tuesday 5-6:30pm



services by county

Salvation Army Marion	618 993-5854		Disaster relief, financial assistance, rent, utilities
Shawnee Development Council	618-734-0535	shawneedevelopment.org/	Utility assistance, weatherization
Shawnee Enterprises	618-997-5365		Housing by application
Shawnee Mass Transit District	618-658-8380	shawneemtd.com	Regional transportation system
Southern Seven Health Department Anna	618-833-8560	southern7.org	Preventive health care, health education, head start
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
University of Illinois Extension Office Anna	618-833-6363	extension.illinois.edu/ajmpu	Community outreach

Wabash County

Department of Human Services (DHS) Mt Carmel	618-262-5179		Family
Health Department Mt Carmel	618-263-3873	wabashhealth.org/	Immunizations, WIC, TB testing, oral drug testing, family case management, foot care clinic, paternity testing
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Southern Illinois Housing Authority Mt Carmel	618-262-5518		Housing by application
WADI Mt Carmel	618-262-4151	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance

Washington County

BCMWS Head Start Centralia	618-532-4890	bcmwhs.org	Employment, education
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral
Salvation Army Marion	618 993-5854		Disaster relief, financial assistance, rent, utilities
South Central Transit	800-660-7433	southcentraltransit.org/	Shuttle services
Washington County Public Health	618-327-3644		Dental, healthcare

services by county



Wayne County

Department of Children and Family Services (DCFS) Mt Vernon	618-244-8397		Family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Oblong Christian Children's Home Oblong	618-592-3633	oblongchristianhome.org	Children's shelter
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral
Rides Mass Transit Fairfield	618-847-4077	ridesmtd.com	Regional transportation system
Southern Illinois Housing Authority Fairfield	618-842-9008		Housing by application
Village InCK	618-518-4625	egyptian.org/villageinck	Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids.
WADI Fairfield	618-842-2962	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance

White County

Child Care Resource & Referral Cartersville	618-985-5975	ccrrjalcedu	Family
Community Resource Center	618-533-1391	crconline.info	Clothing, household
Department of Children and Family Services (DCFS) Harrisburg	618-253-7604		Family
Egyptian Mental Health Eldorado	618-273-3326	egyptian.org	Crisis services, mental health, substance use
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Opportunities for Access Center for Independent Living	618-244-9212	ofacil.org	Office location- Increase opportunities for all aspects of community life, Public Aid, IEPS, skill training, information and referral
Shawnee Enterprises	618-997-5365		Housing by application
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Village InCK	618-518-4625	egyptian.org/villageinck	Child care, employment, clothing, healthcare, food assistance; Connects families to resources to help kids.
WADI Enfield	618-963-2387	wadi-inc.com	Energy, rent, food, shelter, budgeting assistance



services by county

Williamson County

Boyton Street Community Center Marion	618-997-1113	boytonstreet.com	After school and summer lunch programs along with several enrichment programs
Carita's Family Solutions Carterville	618-985-2000	caritasfamilysolutions.org	Social Service agency
Centerstone Marion	618-997-3647	centerstone.org	Counseling
Child Care Resource & Referral Carterville	618-985-5975	crrjalc.edu	Family
Children's Home and Aid Youth Services	618-463-6880	childrenshomeandaid.org	Individual and family counseling, solutions to parent/child conflict, referrals for additional resources, advocacy in school, employment and educational services, life-skill training, assistance with basic needs
Clarity Women's Care Marion	618-997-2790	claritywomenscare.org/	Pregnancy test, ultrasound, material support, workshops
Court Appointed Special Advocates (CASA) Marion	618-998-2291	Email: director@casawilliamson.org	Child advocate
Department of Human Services (DHS) Marion	618-997-6591		Family
Division of Specialized Care for Children Marion	618-997-4396	dsc.uic.edu	Free care coordination for families with children with special healthcare needs
Egyptian Mental Health Eldorado	618-273-3326	egyptian.org	Crisis services, mental health, substance use
Fighting Cancer Today		fightingcancertoday.org	Pregnancy test, ultrasound, material support, workshops supports for cancer patients and their family
Fowler-Bonan Foundation Harrisburg	Contact on Website	fowlerbonanfoundation.com	Clothing for low income students
Franklin-Williamson Bi-County Health Marion	618-993-8111	bicountyhealth.org	Immunizations, on site testing, care and treatment services
GROW In Illinois Champaign	217-352-6989	growinamerica.org/home	Crisis services, mental health, substance use; Group videoconference available
House of Hope Herrin	618-942-9500	herrinhouseofhope.org	Soup kitchen/food pantry and thrift store
Integrated Health of Southern Illinois Carterville	618 985-4344	integratedhealthofsi.com	Rehab, mental health, physicals, laser therapy, physical therapy, massage therapy, nutrition, family medicine, chiropractic care
Lutheran Social Services Marion	618-997-9196	lssi.org	Social service agency
Man-Tra-Con Marion	618-998-0970	mantracon.org	Assistance with job search, resume building and educational goals
Marion Housing Authority Marion	618-997-1258		Section 8 and public housing in Marion, IL

services by county



Marion Ministerial Alliance Marion	618-993-8419		Soup kitchen, food pantry, limited utility assistance
ReNew, Cornerstone Church Carbondale	618-364-8250	renewsecondhandstore.org	Second hand thrift store
Rides Mass Transit Marion	618-993-1900	ridesmtd.com	Regional transportation system
Salvation Army Service Center, Marion	618-993-5854		Clothing, hygiene assistance, food assistance
Shawnee Alliance for Seniors	618-985-8322	shawneehealth.com/locations/shawnee-alliance	Family
Shawnee Enterprises	618-997-5365		Housing by application
Shawnee Health	618-967-6355	shawneehealth.com	Medical, dental, social, behavioral care
Shawnee Healthy Families	618-985-8322	shawneehealth.com/locations/shawnee-alliance/	Birth to 5 years old
Shawnee Village Marion	618-993-0004		Housing by application
SIUC Head Start John A Logan	618-985-2828 EXT. 8241	headstart.siu.edu/location	Education
SIUC Head Start Marion	618-997-4255	headstart.siu.edu/location	Education
Southern Illinois Coalition for Homeless Marion	618-993-0094		Central intake for housing assistance for the homeless
SPERO Counseling and Wellness Center Mt Vernon	618-242-6944	sperofs.org	Mental Health
Stress and Trauma Treatment Center Eldorado	618-252-9036	stressandtrauma.org	Crisis services, mental health, substance use
Survivor Empowerment Center	618-993-0803	empoweringsurvivors.org/	Counseling, education, medical and legal advocacy for domestic violence/rape crisis
Take Action Today Inc	618-663-2000	takeactiontoday.net	Bus route throughout Marion
The Lighthouse Shelter Marion	618-993-8180	thelighthouseshelter.com	Homeless shelter men/ women and families
USDA Rural Development Marion	618-998-6167		Housing
Williamson County Housing Auth. Carterville	618-985-2422	ilwcha.com	Housing by application (Does not serve city of Marion)
Got You Covered	618-922-6355	facebook.com/Got-You-Covered-427934964412518	Provides diapers/wipes/baby hygiene products



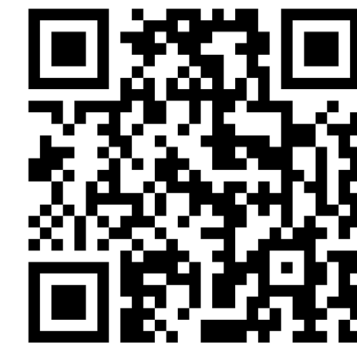
regional offices of education

Regional Office of Education #12	Clay, Crawford, Jasper, Lawrence, and Richland Counties	www.roe12.net
Regional Office of Education #13	Clinton, Jefferson, Marion and Washington Counties	www.roe13.org
Regional Office of Education #20	Edwards, Gallatin, Hamilton, Hardin, Pope, Saline, Wabash, Wayne and White Counties	www.roe20.org
Regional Office of Education #21	Franklin, Johnson, Massac, & Williamson Counties	www.roe21.org
Regional Office of Education #30	Alexander, Jackson, Perry, Pulaski and Union Counties	www.roe30.org



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version of this guide visit

whoiscpr.com/resource-guide





Make Lemonade



The McKinney-Vento Homeless Education Assistance Act ensures the educational rights and protections of homeless children and youth so that they may enroll in school, attend regularly, and be successful. This act guarantees McKinney-Vento eligible children and youth the following:

The right to immediate enrollment in school, even if lacking paperwork normally required for enrollment.

The right to attend school in his/her school of origin (if this is requested by the parent and is reasonable) or in the school in the attendance area where the family or youth is currently residing.

The right to receive transportation to his/her school of origin, if this is requested by the parent or unaccompanied youth.

The right to services comparable to those received by housed schoolmates, including transportation and supplemental educational services.

The right to attend school along with children not experiencing homelessness.

For more information email homeless@roe21.org



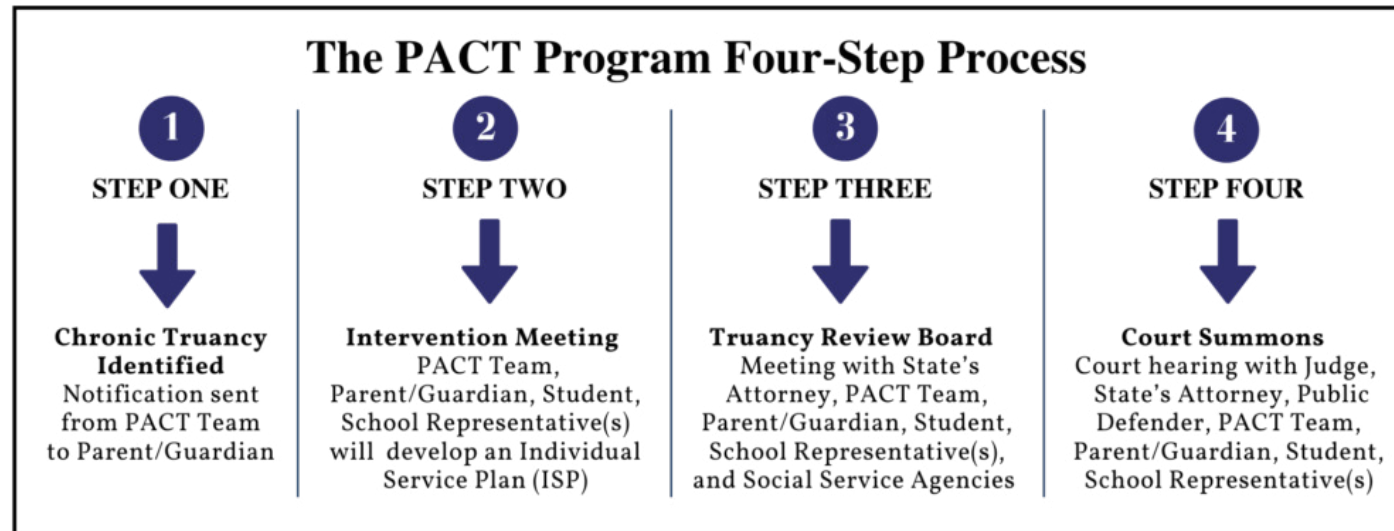
COMMUNITY PREVENTION RESOURCES

Community Prevention Resources (CPR) is a comprehensive grant program that provides substance use prevention services to communities in Franklin and Saline Counties.

programs for the community

Truancy Intervention, ROE 21 PACT Team

The goal of our partners Against Chronic Truancy (PACT) Intervention Program is to provide support to schools as the schools provide K-12 students early assessment, intervention, and remediation of the factors related to Chronic Truancy. The focus of PACT is to aid students and their families in re-establishing regular attendance, normal school habits, and academic success.





COMMUNITY PREVENTION RESOURCES

whoisepr.com/resource-guide

2023 Southern Illinois Resource Guide